



2017 Resource Directory

Autism Society, Tidewater Virginia

5825 Arrowhead Drive, Suite 102

Virginia Beach, VA 23462

(757) 461-4474

www.tidewaterasa.org

Disclaimer: Autism Society, Tidewater Virginia is a locally funded organization serving families and professionals in the Tidewater Region of Southeastern Virginia. All information provided or published by Autism Society, Tidewater Virginia is for informational purposes only. Reference to any treatment or therapy option or to any program, service or treatment provider is not an endorsement by Autism Society, Tidewater Virginia. You should investigate alternatives that may be more appropriate for a specific individual. Autism Society, Tidewater Virginia assumes no responsibility for the use made of any information published or provided by Autism Society, Tidewater Virginia.

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Adult Services

Endeppence Center
6300 East Virginia Beach Blvd

Norfolk, VA 23502
(757) 461-8007
www.endependence.org

Sunrise House

1310 Todds Lane
Hampton, VA 23666
Office: (757) 896-0800
Contact: Wayne Harrison
wchtrain@cox.net
www.sunrisehouse.net

Hope House Foundation

801 Boush Street, Suite 302
Norfolk, VA 23510
Phone: (757) 625-6161
Fax: (757) 625-7775
www.hope-house.org

Grafton

Adult and Residential Care
120 Bellview Avenue
Winchester, VA 22601
(540) 542-0200
1-888-955-5205
www.grafton.org

Department of Human Services

3432 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 437-3200
www.dss.virginia.gov
www.vbgov.com/hs

Commonwealth Autism Services

4108 East Parham Rd.
Richmond, VA 23228
(800) 649-8481
(804) 355-0300
http://www.autismva.org/resources?field_category_tid%5B%5D=18&field_geofield_distance%5Bunit%5D=3959&field_geofield_distance%5Borigin%5D=&field_geofield_distance%5Bdistance%5D=10&title=&x=57&y=21

Department of Aging & Rehabilitative Services (DARS)

Lisa Handke

Vocational Counselor, ASME
3248 Academy Ave., Suite 22-26
Portsmouth, VA 23703
Phone: (757) 686-4349
Fax: (757) 686-4999
Email: lisa.handke@dars.virginia.gov
(757) 451-7101 (South Hampton Roads Field Office)
(757) 865-4863 (Hampton/Newport News Field Office)
(804) 662-7000 (Central Office)
www.vadrs.org

Wilson Workforce and Rehabilitation Center

243 Woodrow Wilson Avenue
Fishersville, VA 22939
(540) 332-7000 – Office
(540) 332-7132 - Fax
www.wwrc.virginia.gov

Department of Behavioral Health and Developmental Services

P.O. Box 1797
Richmond, VA 23218-1797
(804) 786-3921 - Office
(804) 371-6638 - Fax
<http://www.dbhds.virginia.gov>

Chimes Virginia

3951 Pender Drive, Suite 120
Fairfax, VA 22030
1-888-244-6374
(703) 267-6558
www.chimes.org

Richmond House

5302 Fitzhugh Avenue
Richmond, VA 23226
(804) 288-3122
www.richmondhouse.org

***Adult Day Services of South
Richmond***

6201 Midlothian Turnpike
Richmond, VA 23225
(804) 674-1600

River City Residences, LLC

10201 Duryea Drive
Richmond, VA 23235
(804) 323-5959

Driver Rehabilitation of Hampton Roads Inc.

Training for Disabled Adults/Teens
Karl Hoffman, OTR/L, CDRS, CDI
3901 Treyburn Building, Suite 100
Williamsburg, VA 23185
(757) 220-4751
info@excellenceinaging.org
<http://www.riversideonline.com/cealh/services/driver-rehabilitation-clinic.cfm>

Association for Driver Rehabilitation Specialist

Supports professionals working in the field of driver education and driver training and transportation equipment modifications for persons with disabilities through education and information dissemination.
866-672-9466
www.driver-ed.org

J & M Adult Care Services, LLC

Adult Residential Program
P. O. Box 34646
Richmond, VA 23234
(804) 271-7706
<http://www.jmadultcareservices.com/>

***Caring Hands and Supplementary
Enrichment Education of Virginia***

Adult Residential Program
4520 Holland Office Park, Suite 416
Virginia Beach, VA 23452
(757) 354-4436
<http://www.caringhandsva.com/index.html>

The Hughes Center

1601 Franklin Turnpike
Danville, VA 24540
(888) 54-HUGHES
(434) 836-8500
www.thehughescenter.com

Ability Center of Virginia

5825 Arrowhead Drive, Suite 201
Virginia Beach, VA 23462
Phone: (757) 497-7474
www.cerebralpalsyofvirginia.org

Everyday Angels

3800 King St., Suite A
Portsmouth, VA 23707
(757) 289-0325
saritaleejwl@gmail.com

Community Solutions

5752 Princess Anne Road
Virginia Beach, VA 23462
(757) 461-5098
(888) 461-4158
info@comsolva.com
www.comsolva.com

Advocates

Advocating 4 Kids LLC

Cheryl Poe, Founder
Judy Fischer, Intake Specialist
757-306-1942
adv4kids@gmail.com
www.advocate4kids.org

Center for Family Involvement/Partnership for People with Disabilities

Joan Brunner, Tidewater Network Coordinator
Partnership for People with Disabilities
Virginia Commonwealth University

700 E. Franklin Street, 10th Floor
Richmond, VA 23284
(877) 567-1122 – main number
jbrunner@vcu.edu
<https://centerforfamilyinvolvement.vcu.edu/family-to-family-network/>

Donna H. Robel, Tidewater Network Coordinator
Partnership for People with Disabilities
Virginia Commonwealth University
700 E. Franklin Street, 10th Floor
Richmond, VA 23284
(877) 567-1122 – main number
dhrob@vcu.edu
<https://centerforfamilyinvolvement.vcu.edu/family-to-family-network/>

Keri Peko
Dash Two Autism Solutions
(757) 618-0606
kerith.peko@gmail.com
<https://www.facebook.com/DashTwoAutismSolutions/>

Endeppence Center
Cheryl Ward, Education Advocacy
6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 461-8007
www.endeppence.org

Educational Coaches
Sue Perry
505 Cedar Road, Suite C
Chesapeake, VA 23322
(757) 407-6199
sperry@educational-coaches.com
www.educational-coaches.com

Educational Resource Institute
Linda Miller-Dunleavy
(757) 630-9801

Patti Howell
757-613-0831

williams8424@gmail.com

Suzanne Kumpf

Educational Consultant, Special Education

advcat@cox.net

Cell: (757) 409-1079

Home: (757) 424-4113

The Learning Resource Center

935 First Colonial Road

Virginia Beach, VA 23454

(757) 428-3367

www.learningresourcecenter.org

SDW Consulting

Sid Wesseldine

1806 Pope Street

Virginia Beach, VA 23464

(757) 636-8539

sdwconsults@gmail.com

Independence Psychotherapy Services, LLC

Linda Bourdon, Ed.D.

215 McLaws Circle, Suite 1

Williamsburg, VA 23185

intherapy@cox.net

(757) 345-6428

<http://www.independencepsych.com/>

May Institute

National: 1-800-778-7601

info@mayinstitute.org

State: Angelique Gurley, Community Outreach Specialist

1516 Willow Lawn Drive, Suite 203

Richmond, VA 23230

agurley@mayinstitute.org

(804) 269-4732

www.mayinstitute.org

PEATC - Parent Educational Advocacy Training Center

100 North Washington Street, Suite 234

Falls Church, VA 22046

(703) 923-0010
1-800-869-6782

www.peatc.org

Contact: Lisa Wakeman - 607-201-8152 or wakeman@peatc.org

Contact: Hilda Guzman – 757-810-7303 or Hilda.guzman11@gmail.com

VCU Autism Center for Excellence (Training and Education)

<https://vcuautismcenter.org/te/>

Virginia Association of Personal Care Assistants

1904 Byrd Avenue, Suite 100

Richmond, VA 23230

(804) 282-7451

<http://www.vapcp.org/>

Virginia Board for People with Disabilities

1100 Bank St., 7th Floor

Richmond, VA 23219

(804) 786-0016 or (800) 846-4464

www.vaboard.org

Parents Engaged for Learning Equality (PELE)

William & Mary School of Law

Williamsburg, VA 23187

(757) 221-5735

<http://law.wm.edu/academics/programs/jd/electives/clinics/specialed/index.php>

Alternative Educational Programs, Childcare Programs, and Personal Care Attendants

Southeastern Cooperative Educational Programs (SECEP)

6160 Kempsville Circle, Suite 300B

Norfolk, VA 23502

(757) 892-6100

www.secep.net

Plan Bee Academy

4500 Peek Trail

Chesapeake, VA 23321

(757) 375-1560

<http://planbeeacademy.org>

Rivermont School – Tidewater

5163 Cleveland Street

Virginia Beach, VA 23462

(757) 497-6312

fiesta.martin@centrahealth.com

<https://www.centrahealth.com/facilities/rivermont-school-tidewater>

Chesapeake Bay Academy

821 Baker Road

Virginia Beach, VA 23462

(757) 497-6200

www.cba-va.org

Peninsula School for Autism

Upper Elementary, Middle and High School

12749 Nettles Drive, Suite A

Newport News, VA 23606

(757) 223-0558

Lower Elementary School

11790 Jefferson Avenue, Suite 300

Newport News, Virginia 23606

(757) 534-7772
www.peninsulaschoolforautism.com

Precious Pearls Childcare Center
For Children With Special Needs

(Norfolk Location)
7808 Wildwood Drive
Norfolk, VA 23518
(757) 961-1196
(757) 286-9900

(Chesapeake Location)
516 Albemarle Drive
Chesapeake, VA 23322
(757) 609-3138

The Planning Council
5365 Robin Hood Road
Norfolk, VA 23513
(757) 478-0396
respitahr@theplanningcouncil.org

***Autism Consulting and Therapy, LLC ACT
Preschool Program***
Rebecca Ruppel, MAT, BCBA
4490 Holland Office Park Suite 101
Virginia Beach, VA 23452
(757) 639-2218
www.hr-act.com

The Founders Center
Commonwealth Autism Service
6818 W. Grace Street
Richmond, VA 23226
(804) 355-1011
www.dominionschool.org/index.php

The Faison School for Autism
1701 Byrd Avenue
Richmond, VA 23230
(804) 612-1947

www.thefaisonschool.org

Mariposa School

203 Gregson Drive

Cary, NC 27511

(919) 461-0600

www.mariposaschool.org

Grafton Integrated Health Network

Day and 24-hour day and residential special education programs

(888) 955-5205, extension 6461 or 6460

admissions@grafton.org

<http://www.grafton.org/services/childrens-services/special-education/>

Dragonfly Guest House

Special needs vacations & short term respite care

Support Services of Virginia, Inc.

(757) 237-5773

Jeanne@ssvainc.org

<http://www.ssvainc.org/services/dragonfly.html>

Sunrise House

Medical Adult Day Care Center

1310 Todds Lane

Hampton, VA 23666

(757) 896-0800

www.sunrisehouse.net

K & D Personal Care LLC and Transportation

Cheryl Poe

3500 Virginia Beach Blvd, Suite 510

Virginia Beach, Virginia 23452

Phone: (757) 483-4667

Fax: (757) 483-4677

Virginia Association of Personal Care Assistants (VAPCA)

1904 Byrd Avenue, Suite 100

Richmond, VA 23230

(804) 282-7451

<http://www.vapcp.org/>

Cumberland Hospital for Children & Adolescents

9407 Cumberland Road
New Kent, VA 23124
(800) 368-3472
(804) 966-2242
<http://cumberlandhospital.com>

Rainbow Station at Virginia Beach
The Preschool, The Nursery School, & The Get Well Place
1977 Sandbridge Road
Virginia Beach, VA 23456
(757) 426-6490
<http://www.rainbowstation.org/virginia-beach/>

Applied Behavioral Analysis

Autism Consulting and Therapy, LLC ACT
Rebecca Ruppel, MAT, BCBA
4490 Holland Office Park, Suite 101
Virginia Beach, VA 23452
(757) 639-2218
www.hr-act.com

Autism Spectrum Support, Education and Training (ASSET) Program
638 Independence Parkway, Suite 200
Chesapeake, VA 23320
(757) 276-9800
asset@yfsva.com
www.yfsva.com/asset

Autism Spectrum Therapy
6401 Crescent Way
Norfolk, VA 23513
(757) 469-3773

B.E.S.T. Services, Inc.
Norah Wilson, Psy.D., BCBA-D, Director
(252) 435-1665
www.bestautismservices.com

Bethany Marcus, Ph.D.
BCBA-D

Licensed Clinical Psychologist
ABA Consulting, IEP Advocate, Care Provider Training
Virginia Beach, VA
(757) 287-4016
drbmarcus@cox.net

Butterfly Effects
(888) 880-9270
<http://www.butterflyeffects.com/>

Center for Autism and Related Disorders
648 Independence Pkwy, Suite 300
Chesapeake, VA 23320
Maranda D'Imperio (Operations Manager)
(757) 776-0790 ext. 2728
www.centerforautism.com

Children First ABA Clinic
Meghan Hodgins MS Ed., BCBA
1529 Technology Drive, Suite 102
Chesapeake, VA 23320
(757) 609-2795
Childrenfirstaba@gmail.com
www.childrenfirstabaclinic.com

Civitas Health Services
(ABA/EPSTDT Behavioral Therapy)
3105 American Legion Road, Suite B
Chesapeake, VA 23321
Office: (757) 216-9541
Fax: (757) 319-4828

Coastal Behavior Consulting
1561 Bradford Road, Suite 201
Virginia Beach, Virginia 23462
(757) 416-5290
info@coastalbehaviorconsulting.com
<http://coastalbehaviorconsulting.com/>

Compass Youth Services
7460 Central Business Park Dr.
Norfolk, VA 23513

Office: 757-644-6391
Fax: 757-622-2011
info@compassyouthandfamily.com
<http://www.compassyouthservices.com/connections>

CornerStone Child & Family Counseling Services

Walt Stone, M.S., Director
1209 Independence Blvd., Suite 105
Virginia Beach, VA 23455
(757) 464-2470
wstone@cornerstonechildfamilyservices.com
cornerstonesys@aol.com
www.cornerstonechildfamilyservices.com

Comprehensive Autism Partnership, Inc.

Summer Foxley
Director of Clinical Services
sfoxley.cap@gmail.com
(703) 399-4388

Dominion ABA

Cindy Ackermann
1130 Tabb Street, Suite D
Norfolk, VA 23504
Office: (804) 921-2389
Fax: (757) 822-6285
ineff@dominionaba.com
<http://dominionyouthservices.com/services/autism-services/>

EMG Consulting

Elizabeth M. Gilmore M.Ed., BCBA
Southeastern Virginia
(757) 615-3003
<http://autismservicesaba.com/>

Erin M. Casper, Ph.D., BCBA-D

ABA consulting, Home-Based ABA Therapy, Parent Training
Smithfield, VA
413-563-3863
erin.m.casper@gmail.com

Family Insight

Azure Champlain, BCaBA, LABA
Clinical Supervisor
380 Cleveland Place, Suite B
Virginia Beach, VA 23462
(757) 233-0003 – Office Number
(757) 233-1669 – Fax Number
azure.champlain@familyinsight.net

Family Preservation Services

1450 Kempsville Road, Suite 102
Virginia Beach, VA 23464
(757) 455-8300

205 Lake Tower Drive
Hampton, VA 23666
(757) 838-8520

Family Priority

111 Bulifants Blvd, Suite B
Williamsburg, VA 23188
Phone: (757) 645-3860
Fax: (757) 645-3873
Alt Fax: (800) 979-3215
FamilyPriorityWilliamsburg@familypriority.net

First Home Care

Carolyn Barnes, M.S.Ed., BCBA, LBA
Clinical Coordinator
Cell: (757) 679-8777
Office: (757) 393-7200
Crisis Intervention: (757) 398-5235
Day Support: (757) 391-9076
carolyn.barnes@uhsinc.com
www.firsthomecare.com

Grafton Integrated Health Network

(540) 542-0200 ext. 6412
www.grafton.org

Lutheran Family Services of Virginia Inc.

11832 Rock Landing Dr. Suite 105

Newport News, Virginia 23606
(757) 722-4707
www.lfsva.org

May Institute

National: 1-800-778-7601
www.mayinstitute.org
State: Angelique Gurley, Community Outreach Specialist
1516 Willow Lawn Drive, Suite 203
Richmond, VA 23230
agurley@mayinstitute.org
(804) 269-4732

Mea'Alofa Autism Support Center

4016 Raintree Road, Suite 200A
Chesapeake, VA 23321
(757) 465-3933
www.learnwithmasc.org

Navigation Behavioral Consulting

Megan DeLeon Miller, M.S., BCBA
(757) 362-8388
www.navigationbehavioralconsulting.com

Next Steps Behavioral Centers – now serving Hampton Roads

9351 W Broad Street
Henrico, VA 23294
Intake Coordinator – Josie Madson
jmadson@nextstepsbc.com
Office – (804) 596-3275
www.nextstepsbc.com

One Child Center for Autism

201A Bulifants Blvd
Williamsburg, VA 23188
757-585-3216
<http://onechildcenterforautism.org/services/>

Paradigm Pathway Consulting

G. Maria Hill, Ed.D, BCBA-D
1226 Progressive Drive, Suite 104
Chesapeake, VA 23320

(757) 286-2786 - Office
(757) 966-7872 - Fax
<http://www.paradigmpathwaytherapy.com/>

Progressive Learning Therapy, Inc.
Kathryn Kellas, Founder and BCaBA
Inclusive Applied Behavior Analysis
757-869-4162 (Cell)
kkellas.plt@gmail.com
www.progressivelearningtherapy.org

Recognizing Children's Gifts Behavioral Health Network
800 E. Rochambeau Drive, Suite F
Williamsburg, VA 23188
(757) 561-0234
www.rcghealthnetwork.com
info@rcghealthnetwork.com

Serenity C&C Inc.
Veronica Preston, Senior Program Director
926 J. Clyde Morris Blvd
Newport News, VA 23606
Office: (757) 788-8490
Cell: (757) 788-1573
Fax: (757) 788-8492
<http://www.serenityccinc.com/>

Tephania Barnes MS., BCBA, LBA
Tephaniabarnes@yahoo.com
919-763-4653 (cell)

The Learning Resource Center
935 First Colonial Road
Virginia Beach, VA 23454
(757) 428-3367
www.learningresourcecenter.org

Therapeutic Alliance, LLC
Desiree' King, BA QMHP, Assistant Site Director
4110 E. Claiborne Sq. Suite 331
Hampton, VA 23666
Cell: 434-473-9152

Fax: 1-866-499-8840
dking@taculture.com
www.therapeuticalliance.com

Thrive ABA Consulting LLC
Zack Migioia, MA, BCBA, LBA
5151 Bonney Road, Suite 107
Virginia Beach, VA 23462
thriveabaconsulting@gmail.com
www.thriveaba.com
Phone: (757) 222-1315
Fax: (757) 222-1903

Art Therapy

Eastern Virginia Medical School
(Art Therapy and Counseling Program)
artthrp@evms.edu
(757) 446-5895

First Home Care
1634 London Blvd
Portsmouth, VA 23704
FHCReferrals@uhsinc.com
(757) 393-7200

Assistive Technology Supports

Commonwealth of Virginia Assistive Technology Loan Fund Authority
NewWell Fund
1602 Rolling Hills Drive, Suite 107
Richmond, VA 23229
(866) 835-5976
(804) 662-9000
<http://www.vadrs.org/cbs/at.htm>
www.newwellfund.org

National Seating and Mobility
3347 Enterprise Road

Norfolk, VA 23502
(757) 466-1553

Sam Shines, LLC

PO Box 7011
Williamsburg, VA 23188
Contact: Sharron Haggett
Phone: 757-570-5533
Fax: 757-257-5533
together@samshines.com
www.samshines.com
<https://www.facebook.com/SamShinesConsultingLLC/>

Enabling Devices

50 Broadway
Hawthorne, NY 10532
1-800-832-8697
www.enablingdevices.com

Vital Sounds

P.O. Box 46344
Madison, WI 53744
(608) 278-9330
www.vitalsounds.com

Hampton Roads Mobility, Inc.

2806 Build America Drive
Hampton, VA 23666
(757) 663-5457
<http://www.hamptonroadsmobility.com/>

Silver Kite

2143 TR112
Millersburg, OH 44654
1-800-382-8622
(330) 674-6722
www.silver-kite.com

I Click I Talk

810 W. Princess Anne Road, Suite 303
Norfolk, VA 23517
www.iclickitalk.com

Special Needs Products LLC

(Pressure Vests)

PO Box 48

Cortland, IL 60112

(779) 400-6585

sales@pressure-vest.com

Chewigem USA

200 36th Ave. NW

Suite 720626

Norman, OK 73070

(405) 202-0090

info@chewigemusa.com

<http://www.chewigemusa.com/>

Tech 4 Speech

www.tech4speech.org

VATS

Virginia Assistive Technology System

Joann Ervin

Darden College of Education, Room 252

Old Dominion University

Norfolk, VA 23529

(757) 683-3639

jervin@odu.edu

<http://www.lions.odu.edu/org/vats/>

Department of Aging & Rehabilitative Services

8004 Franklin Farms Drive

Richmond, VA 23229

1- (800) 552-5019

(804) 662-7000

www.vadrs.org

Attorneys

(Special Education and Disability Rights)

Corey Pollard Law (Social Security disability attorney)

611 Industrial Park Dr
Newport News, VA 23608
(757) 810-5614
cpollardjba@gmail.com
<http://cpollardlaw.com>

Lois Manes

lois@loismaneslaw.com
(757) 229-6224
<http://www.loismaneslaw.com/>

White Stevens Perry LLC

108 Charlotte Street
Fredericksburg, VA 22401
Phone: 540-369-3983
Fax: 540-656-2149
<http://www.wsplaw.com/Education-Law.shtml>

Cheri Belkowitz

Belkowitz Law, PLLC
(703) 246-9272
cbelkowitz@belkowitzlaw.com

Paula Rosenstock

paula.rosenstock@lawforchildren.com
www.lawforchildren.com
(240)396-5127

Grace Kim

(703) 951-7320
gekim@gekimlaw.com
www.gekimlaw.com

Juliet Hiznay
JD Hiznay law
juliet@jdhiznay.com
www.jdhiznay.com
(202)352-8982

Joan Proper
(703) 291-6660
www.jproperlaw.com

Parents Engaged for Learning Equality (PELE)
William & Mary School of Law
Williamsburg, VA 23187
(757) 221-5735
<http://law.wm.edu/academics/programs/jd/electives/clinics/specialed/index.php>

disAbility Law Center of Virginia
(formerly VOPA)
1512 Willow Lawn Drive, Suite 100
Richmond, VA 23230
(800) 552-3962
(804) 225-2042
<http://dlcv.org/>

Legal Aid Society of Eastern Virginia
Administrative Office and For Residents of Norfolk and Portsmouth
125 St. Paul's Blvd, Suite 400
Norfolk, VA 23510
Norfolk (757) 627-5423
Portsmouth: (757) 827-5078
www.lawhelp.org/Program/1647

Chesapeake Bay Office
For Residents of Chesapeake and Virginia Beach
291 Independence Blvd.
Pembroke 4, Suite 532
Virginia Beach, VA 23462
(757) 552-0026
www.lawhelp.org/Program/1647

Peninsula Office
For Residents of Hampton, Newport News, Poquoson, and Williamsburg, and the counties of

Gloucester, James City, Mathews, Middlesex, and York
30 West Queen's Way
Hampton, Virginia 23669
(757) 275-0080

Eastern Shore Satellite Office

For Residents of Accomack and Northampton Counties
36314 Lankford Highway, Suite 5
Belle Haven, Virginia 23306
(757) 442-3014

Auditory Training

Berard Auditory Integration Training

IDEA Training Center
Sally Brockett, M.S., Director
20 Washington Avenue, Suite 108
North Haven, CT 06473
(203) 234-7401
<http://www.ideatrainingcenter.com/>

Hearing Happens hEAR, LLC

Berard Auditory Integration Training
Sarah Andino
107 Cottondale Place
Suffolk, VA 23435
757-292-9575
<http://hearinghappenshear.com>

Behavioral Intervention

Compass Youth & Family Services, LLC

Autism Behavior Support Program

7460 Central Business Park Dr.
Norfolk, VA 23513
Office: 757-644-6391
Fax: 757-622-2011

<http://www.compassyouthservices.com/connections>

Butterfly Effects

(888) 890-9270

<http://www.butterflyeffects.com/>

Independence Psychotherapy Services, LLC

Linda Bourdon, Ed.D.

Licensed Clinical Psychologist

215 McLaws Circle, Suite 1

Williamsburg, VA 23185

intherapy@cox.net

Main Phone: (757) 345-6428

<http://www.independencepsych.com/>

CornerStone Child & Family Counseling Services

Walt Stone, M.S., Director

1209 Independence Blvd., Suite 105

Virginia Beach, VA 23455

(757) 464-2470

wstone@cornerstonechildfamilyservices.com

cornerstonesys@aol.com

www.cornerstonechildfamilyservices.com

Community Services Boards (includes ID/DD/DS Waivers)

Virginia Beach

Aileen L. Smith, Director

3432 Virginia Beach Blvd Ste 342

Virginia Beach, VA 23452

(757) 437-3608 (Main Office)

<http://www.vbgov.com/government/departments/human-services/your-dhs/Pages/community-services-board.aspx>

Chesapeake Integrated Behavioral Healthcare (CIBH)

Joseph J. Scislowicz, Director

224 Great Bridge Blvd

Chesapeake, VA 23320

(757) 547-9334 (Main Office)

<http://www.cityofchesapeake.net/government/Boards-Commissions/full-listing/integrated-behavioral-healthcare.htm>

Norfolk

Sarah Paige Fuller, Director

225 West Olney Road

Norfolk, VA 23510

(757) 823-1600 (Main Office)

www.norfolk.gov/NCSB

Portsmouth

Mr. William H. Park, Director

1320 Court Street, Suite 103

Portsmouth, VA 23704

(757) 393-8321 (Intellectual Disabilities Office)

<http://www.portsmouthva.gov/behaviorhealthcareservices/>

Suffolk

Demetrios N. Peratsakis, Director

5268 Godwin Blvd

Suffolk, VA 23434

(757) 255-7126 (Main Office)

www.wtcsb.org

Hampton/Newport News Community Services Board

Turner M. Spencer, Chair

300 Medical Drive, 2nd Floor

Hampton, VA 23666

(757) 788-0300

www.hnncsb.org

Eastern Shore Community Services Board

10129 Rogers Drive

Nassawadox, Virginia 23413

(757) 442-3636

<http://www.escsb.org/>

Counseling Services

Including Support Groups and Crisis Services

First Home Care

Crisis Intervention Program (24/7) – 757-389-5235

Jasen Eberz, Crisis Intervention Specialist, jasen.eberz@uhsinc.com

Compass Youth and Family Services

7460 Central Business Park Dr.

Norfolk, VA 23513

Office: 757-644-6391

Fax: 757-622-2011

<http://www.compassyouthservices.com/>

Jewish Family Services of Tidewater

260 Grayson Road

Virginia Beach, VA 23462

(757) 459-4640

www.jfshamptonroads.org

The UP Center

www.theupcenter.com

Locations

Norfolk

222 West 19th Street

Norfolk, VA 23517

(757) 622-7017

1011 West 25th Street (Books)

Norfolk, VA 23517

(757) 623-1119

800 Tidewater Drive, Suite 100 (Day Support)

Norfolk, VA 23504

(757) 965-8692

150 W. Boush Street, Suite 800 (Corporate)

Norfolk, VA 23510

(757) 354-3819

Portsmouth

1805 Airline Blvd.
Portsmouth, VA 23707
(757) 397-2121

Suffolk
109.5 Clay Street
Suffolk, VA 23434
(757) 965-8663

Lutheran Family Services of Virginia Inc.- Tidewater

11832 Rock Landing Dr. Suite 105
Newport News, Virginia 23606
(757) 722-4707
www.lfsva.org

Eden Counseling and Consultation

Virginia Beach/Norfolk:
6330 Newtown Rd, Suite 300
Norfolk, VA 23502
Portsmouth Location:
4401 Portsmouth Blvd.
Portsmouth, VA 23701
(757) 466-3336
www.edencounseling.com

CornerStone Child & Family Counseling Services

Walt Stone, M.S., Director
1209 Independence Blvd., Suite 105
Virginia Beach, VA 23455
(757) 464-2470
wstone@cornerstonechildfamilyservices.com
cornerstonesys@aol.com
www.cornerstonechildfamilyservices.com

Sibshops at CHKD

Kristi Edwards or Ashley Hayes
(757) 688-7273
For siblings 6 to 14 years old

Support Groups for Parents of Children with Special Needs at CHKD

(757) 668-7941 or (757) 668-8546
<http://www.chkd.org/Our-Services/Specialty-Care-and-Programs/Support-Services/Support->

Groups/

CHIP (Children's Health Investment Program)

CHIP Home Visitation Program and Group Education

1302 Jefferson Street

Chesapeake, VA 23324

(757) 543-9100

www.chipshr.org

Health Planning Region – V (ID/DD Children's Crisis Project)

Crisis Line: (888) 255-2989

Oversight Provided by Western Tidewater Community Services Board

1000 Commercial Lane, Suffolk, VA 23434

www.wtcsb.org

HPR-V CSB/BHA Emergency Numbers

Chesapeake Integrated Behavioral Healthcare

Main and Emergency Services – (757) 547-9334

After Hours – (757) 548-7000

Colonial Behavioral Health

Main – (757) 253-4061

Emergency – (757) 220-3200

Children's Mobile Crisis (757) 253-4074

Eastern Shore Community Services Board

Main - (757) 442-3636

Emergency – (757) 442-7707 or (800) 764-4460

Hampton-Newport News Community Services Board

Main – (757) 788-0300

Emergency (757) 788-0011

Children's Behavioral Health Urgent Care – (757) 215-3460

Middle Peninsula-Northern Neck Community Services Board

Main – (804) 758-5314

Emergency Services – (804) 693-2673 or (800) 542-2673

Children's Mobile Crisis – (804) 758-4035

Norfolk Community Services Board

Main – (757) 823-1600

Emergency Services – (757) 664-7690

Portsmouth Department of Behavioral Healthcare Services

Main – (757) 393-8618
Emergency Services – (757) 393-8990
Children’s Services Central Intake – (757) 393-5357

Virginia Beach Human Services – Community Services Board

Main – (757) 385-3200
Emergency Services - (757) 385-0888
Children’s Mobile Crisis – (757) 385-0850

Western Tidewater Community Services Board

Main – (757) 255-7100
Emergency Services – (757) 925-2484
Children’s Mobile Crisis – (757) 404-8654 or (757) 407-0086

Independence Psychotherapy Services, LLC

Linda Bourdon, Ed.D.
Licensed Clinical Psychologist
215 McLaws Circle, Suite 1
Williamsburg, VA 23185
intherapy@cox.net
Main Phone: (757) 345-6428
<http://www.independencepsych.com/>

Center for Child & Family Services, Inc.

2021 Cunningham Drive, 4th Floor Suite 400
Hampton, VA 23666
(757) 838-1960
www.kidsandfamilies.com/

Parker, Schlichter and Associates

5029 Corporate Woods Drive, Suite 250
Virginia Beach, VA 23462
(757) 473-3770
<http://parkerschlichterandassociates.com>

Good Friend, Inc.

Videos, workshops, and lectures for Autism-awareness
407 N Grand Ave.
Waukesha, WI 53186
(414) 510-0385
www.goodfriendinc.com

Agape Counseling & Therapeutic Services, Inc.

<http://www.agapecounselingva.com/>

Norfolk

5900 E Virginia Beach Blvd, Suite 200
Norfolk, VA 23502
(757) 962-2218

Hampton

3221 Commander Shepard Blvd.
Hampton, VA 23666
(757) 244-3500

Spectrum Psychological and Neurotherapy, Inc.

Dr. C. Rick Ellis, Licensed Clinical and Forensic Psychologist, Neurotherapist
1020 Independence Blvd, Suite 204
Virginia Beach, VA 23455
(757) 640-1882

www.spectrumpsychological.net

Virginia is for Siblings

700 E Franklin St
Richmond, VA 23219
1-877-567-1122

<http://www.vasibs.org/>

Pathways to Life, Inc.

www.pwstolife.com

Richmond

2006 Bremo Road, Suite 102
Richmond, VA 23226
(804) 288-5800

Suffolk

1510 Breezeport Way, Suite 100
Suffolk, VA 23435
(757) 967-0713

Norfolk

6330 N. Center Drive
Building 13, Suite 201
Norfolk, VA 23502
(757) 395-4122

Genesis Counseling Center

www.genescounselingcenter.com

Chesapeake: (757) 965-5886

Hampton: (757) 827-7707

Yorktown/Newport News: (757) 598-2244

Williamsburg: (757) 564-3100

Biomedical or Emphasis in Autism Physicians

Dr. John Harrington

Children's Hospital of The King's Daughters

601 Children's Lane

Norfolk, VA 23507

(757) 668-7179

Dr. Eric Madren, M.D., Family Medicine

Volvo Medical Associates

725 Volvo Parkway, Suite 100

Chesapeake, VA 23320

(757) 548-0076

www.bayviewphysicians.com/physician/eric-madren

Dr. Joseph Marcil

sportsMED @ Onelife Fitness

3809 Princess Anne Road

Virginia Beach, VA 23456

(757) 471-2800

<http://drjoemarcil.com/home>

Dental Health

Pediatric Dental Care

Allan C. Sundin, DDS, MS

1385 Laskin Road

Virginia Beach, VA 23451

(757) 425-1547

www.drundinmiles.com

Cox Pediatric Dentistry

Rose Hall Professional Centre

3145 Virginia Beach Blvd Ste 200

Virginia Beach, VA 23452

(757) 340-2400

<http://www.coxpediatricdentistry.com/>

Smile With Style

Evelyn Luma, DDS

1244 Perimeter Parkway, Suite 444

Virginia Beach, VA 23454

(757) 430-2600

www.drluma.com

Greenbrier Dental Center

1059 Eden Way North

Chesapeake, VA 23320

(757) 547-2266

www.greenbrierdental.com

Children's Dentistry & Orthodontics

Drs. Levin, Barney, Hasty, and Rosenblum

www.wemakesmilesva.com

Locations:

Great Neck

1368 North Great Neck Road

Virginia Beach, VA 23454

(757) 496-8300

Kempsville

1055 Kempsville Road

Virginia Beach, VA 23464

(757) 474-1200

Pembroke

4169 Virginia Beach Blvd

Virginia Beach, VA 23452

(757) 486-2525

Chesapeake

905 North Battlefield Blvd, Suite 106

Chesapeake, VA 23320

(757) 548-3030

Eastern Virginia Pediatric Dentistry

Pamela A. Morgan, DDS, MS

1806 Hampton Blvd

Norfolk, VA 23517

(757) 627-7550

drshamlinandmorgan.com

Townsend Brown, Jr., DDS, PC

Pediatric Dentistry

1300 Kempsville Road, Suite 5

Virginia Beach, VA 23464

(757) 467-7797

www.vbkidsdds.com

Partners in Dental Health

Dr. Dean Kent

**Mercury-free Dental Work*

317 Edwin Drive

Virginia Beach, VA 23462

(757) 499-2100

<http://www.partnersindentalhealth.com/>

The Dream Center & Virginia Enhanced Dental Services Office

1301 First Colonial Road

Virginia Beach, VA 23454

(757) 270-5790

<http://www.dreamcentervb.org/>

LWS&S Family Dentistry

Lee Weinstein, DDS

Kimbrough Hornsby, DDS

www.lwssfamlydentistry.com

Locations:

Chesapeake Office:

1230 Progressive Drive, Chesapeake, Virginia 23320

(757) 416-LWSS (5977)

Norfolk Office:

300 B East Little Creek Road, Norfolk, Virginia 23505

(757) 416-LWSS (5977)

Suffolk Office:

210 Meadow View Blvd, Suffolk, Virginia 23435
(757) 416-LWSS (5977)

Virginia Beach Office:

904 Kempsville Road, Virginia Beach, Virginia 23464
(757) 416-LWSS (5977)

1157 First Colonial Road, Virginia Beach, Virginia 23454
(757) 416-LWSS (5977)

Department of Health (Dental Health)

109 Governor Street, 8th Floor
Richmond, VA 23219
(804) 864-7775

<http://www.vdh.virginia.gov/ofhs/childandfamily/dental/>

Developmental Medicine

***Dr. Amy Newmeyer, Dr. Frank Aiello, III, M.D., and Dr. Christine Houlihan
Children's Hospital of the King's Daughters (CHKD)***

400 Gresham Drive, Ste 900
Norfolk, VA 23507
(757) 668-7473

Military Only

***Naval Medical Center Portsmouth
Neurodevelopmental Pediatrics***

620 John Paul Jones Circle
Portsmouth, VA 23708
(757) 953-5652

<http://www.med.navy.mil/sites/NMCP2/PatientServices/Pediatrics/NeuroDevPeds/Pages/default.aspx>

Dietary Needs

Trader Joes

503 Hilltop Plaza
Virginia Beach, VA 23454
(757) 422-4840

Whole Foods Market

1800 Laskin Road
Virginia Beach, VA 23454
(757) 422-0444

Sage Organics

3304 Taylor Rd, Suite D,
Chesapeake, VA 23321
(757) 483-8934

Food Allergy Associates, LLC

Liz Koman, Ph.D.
(757) 577-2153
www.foodallergyassociates.com

Organic Food Depot

Main Office

4301 Commuter Dr., #103
Virginia Beach, VA 23462
(757) 233-6721

Holland Rd. Store

4301 Commuter Dr., #105
Virginia Beach, VA 23462
(757) 467-8999

Granby St. (Ghent) Store

1912 Granby St.
Norfolk, VA 23517-2329
(757) 623-8999

Disability Services Boards – Service Referrals

The ARC of Virginia

2147 Staples Mill Rd
Richmond, VA 23230

(804) 649-8481
www.thearcofva.org

The ARC of South Hampton Roads

412 Investor's Place, Suite 102
Virginia Beach, VA 23452
(757) 828-6228
<http://www.thearcofshr.org/>

VersAbility Resources

2520 58th Street
Hampton, VA 23661
(757) 896-6461
<http://versability.org/>

Virginia Board for People with Disabilities

1100 Bank Street, 7th Floor
Richmond, VA 23219
1-800-846-4464
(804) 786-0016
www.vaboard.org

Department of Medical Assistance Services

600 East Broad Street
Richmond, VA 23219
(804) 786-7933
www.dmas.virginia.gov

Early Intervention

Infant & Toddler Connection of Virginia

Catherine Hancock, Coordinator
1220 Bank Street, 9th Floor
P.O. Box 1797
Richmond, Virginia 23219-1797
(804) 786-3710
www.infantva.org

Locations:

Norfolk
6411 Tidewater Drive

Norfolk, VA 23509
(757) 441-1186

Chesapeake
224 Great Bridge Blvd
Chesapeake, VA 23320
(757) 547-8929

Virginia Beach
2307 Millwood Road
Virginia Beach, VA 23454
(757) 385-4400

Portsmouth
1320 Court St., Suite 103
Portsmouth, VA 23704
(757) 393-8321

Suffolk
700 Campbell Avenue
Franklin, VA 23851
(757) 562-6806

Hampton
100 Old Hampton Lane, Suite 200
Hampton, VA 23669
(757) 726-4012

Norfolk Community Services Board

225 West Olney Road
Norfolk, VA 23510
(757) 823-1600
<http://www.norfolk.gov/NCSB/>

Infant and Toddler Connection of Norfolk

5665 Lowery Road, Suite 200
Norfolk, VA 23502
(757) 441-1186

Virginia Beach Developmental Services

3432 Virginia Beach Blvd.

Virginia Beach, VA 23452
(757) 385-0600
www.vbgov.com/hs

Chesapeake Intellectual Disabilities Services

224 Great Bridge Blvd
Chesapeake, VA 23320
(757) 547-8902
www.cityofchesapeake.net

Suffolk Early Childhood Development Commission

Brenda M. O'Donnell, Coordinator
P.O. Box 1818
Suffolk, VA 23439
www.suffolkecdc.com
(757) 514-7457

Suffolk Children's Center

300 Executive Court
Suffolk, VA 23434
(757) 538-2523
<http://www.childrenscenterva.com/>

Hampton-Newport News Community Services Board

300 Medical Drive
Hampton, VA 23666
(757) 788-0300
www.hnncsb.org

Education and Special Education Resources

Virginia Department of Education, Special Education Guide

www.doe.virginia.gov/special_ed/parents/parents_guide.pdf

Wrights Law

www.wrightslaw.com

Special Education Guide

www.specialeducationguide.com

Learning Disabilities Association of America

www.ldaamerica.org

College of William and Mary, PELE Clinic

Special Education Advocacy Law

Williamsburg, VA 23187

(757) 221-5735

<http://law.wm.edu/academics/programs/jd/electives/clinics/specialed/index.php>

K12 Academics

www.k12academics.com

Virginia Beach Public Schools

Parent Support and Information Center

Office of Programs for Exceptional Children

Carol Blackwell

1413 Laskin Road

Virginia Beach, VA 23451

Phone: (757) 263-2066

Fax: (757) 263-2067

Carol.Blackwell@vbschools.com

Chesapeake Public Schools

Parent Resource Center

LaEunice O. Brown

369 South Battlefield Blvd.

Chesapeake, VA

(757) 482-5923

LaEunice.Brown@cpschools.com

Portsmouth City Public Schools

Child Find/ Parent Resource Center

DAC Center

401 West Road

Portsmouth, VA 23707

Phone: (757) 393-8791

Fax: (757) 393-5313

Portsmouth Coalition for Youth

Todd Elliott

(757) 393-8501

prevent@portsmouthva.gov

www.portsmouthfamilies.com

Suffolk Public Schools

Parent Resource Center funded by Special Education
Elephants Fork Elementary School
Gertrude Ridley, Parent Resource Center Coordinator
2316 William Reid Drive in Mobile Unit 1
Suffolk, VA 23434
Phone: (757) 925-5785
Fax: (757) 925-5596

Hampton City Schools

Parent Resource Center
Nancy Whitaker, Parent Resource Center Facilitator
Hampton Annex
1445 West Queen Street
Hampton, VA 23669
Phone: (757) 896-7628
Fax: (757) 896-8306
nwhitaker@hampton.k12.va.us

Newport News Public Schools

Parent Educator Resource Center (PERC)
Watkins Early Childhood Center
Ruthann Newton, Coordinator
21 Burns Drive
Newport News, VA 23601
Phone: (757) 591-4527
ruthan.newton@nn.k12.va.us

Williamsburg/James City County Public Schools

Parent Resource Center
Patricia Craft, Parent Resource Coordinator
School Board & Central Office
Annex Room 305
117 Ironbound Road
Williamsburg, VA 23185
Phone: (757) 603-6537
patricia.craft@wjccschools.org

Financial Planning

***Northwestern Mutual Financial Network
Greater Hampton Roads Group***

Jessica M. Butcher/ Adam M. Green
277 Bendix Road, Suite 450
Virginia Beach, VA 23452
(757) 640-1700

Rector 27 Financial Group

Gregory F. Earwood
233 Wythe Creek Road
Poquoson, VA 23662
(757) 868-7130

Northwestern Mutual

Jessica M. Salazar
277 Bendix Road, Suite 450
Virginia Beach, VA 23452
(757) 314-4604
<http://www.jessica-salazar.com/>

Mass Mutual Center for Special Needs Planning

283 Constitution Drive, Suite 525
Virginia Beach, VA 23462
Phone: (757) 687-1334
Fax: (757) 687-1395
vheckert@financialguide.com

Merrill Lynch

Alexandra Babb
Jacob Pearson
999 Waterside Drive, Suite 1100
Norfolk, VA 23510
(757) 213-6566

Common Wealth Community Trust

P.O. Box 29408
Richmond, VA 23242

(888) 241-6930

(804) 740-6930

www.commonwealthcommunitytrust.org

The ARC of Northern Virginia

2755 Hartland Rd., Suite 200

Falls Church, VA 22043

(703) 208-1119

Virginia Beach Community Trust

c/o Developmental Services

289 Independence Blvd.

Pembroke 6

Virginia Beach, VA 23462

(757) 385-0601

Hook Law Center

Special Needs Planning

<http://www.hooklawcenter.com/our-services/special-needs-planning/>

Locations:

Suffolk

5806 Harbour View Blvd., Suite 203

Suffolk, VA 23435

(757) 399-7506

Virginia Beach

295 Bendix Road, Suite 170

Virginia Beach, VA 23452

(757) 399-7506

World Financial Group

293 Independence Blvd.

Pembroke 5, Suite 210

Virginia Beach, VA 23462

(757) 518-9346

www.worldfinancialgroup.com

Forums, Meetings, Parent Support Groups, and Community Resources

Faith Inclusion Network of South Hampton Roads

Karen Jackson, Director
(757) 282-8000
kjackson@faithinclusionnetwork.org
www.faithinclusionnetwork.org

GRASP

Global and Regional Asperger Syndrome Partnership
<http://grasp.org/main>

Parents of Children with Special Needs

CHKD Care Connections for Children
JoAnna Bryant, Coordinator
(757) 668-7132

“Teen Night” and “Tween Time”

F.A.C.T.

Teen Night: 15-21 yrs old
Tween Time: 11-14 yrs old
Contact: amy4fact@cox.net
www.camp4autism.org

SMART-One, Inc.

Programs and Activities/Groups
Sports, Living Skills, and More
smartoneinc@gmail.com

787 Wilderness Way
Newport News, VA 23608
(757) 696-2540 – Vee
veegee215@yahoo.com
(757) 725-2378 - Nickie
www.smartoneinc.net

Support Services of Virginia, Inc.

Andie Plumley

412 Investor's Place, Suite 102
Virginia Beach, VA 23452
(757) 497-6111
www.ssvainc.org

Cerebral Palsy of Virginia
5825 Arrowhead Drive, Suite 201
Virginia Beach, VA 23462
Phone: (757) 497-7474
www.cerebralpalsyofvirginia.org

Hampton Roads Parenting Education Network (HRPen)
<http://www.chkd.org/Patients-and-Families/Parenting-Classes-and-Resources/Hampton-Roads-Parenting-Education-Network/>
Michele Tryon, Co-chair
Children's Hospital of The King's Daughters, (757) 668-9304
Chenequa Hayden, Co-chair
Youth Education and Family Services (Hampton Health Families Partnership), (757) 727-1300

Food Allergy Support Group of Tidewater
www.fasgot.com

Food Allergy Associates, LLC
(757) 577-2153
www.foodallergyassociates.com

Feingold Association of the United States
(800) 321-3287
www.feingold.org

Gluten Free in Hampton Roads (Virginia)
<https://www.facebook.com/groups/155620047838925/?ref=ts&fref=ts>

Blogs:
www.Autisable.com
Real Blogs from People Tackling the Puzzle of Autism

Ra'Gene B. Myrick Foundation, Inc.
Mrs. Regina A. Myrick, President
404 South College Drive
Franklin, VA 23851

(757) 544-0213

<https://www.facebook.com/pages/RaGene-B-Myrick-Foundation-Inc/238681822823738>

Facebook Groups

Autism Society, Tidewater Virginia

<http://www.facebook.com/tidewaterasa/>

Spectrum Parents

Suzi Noyes

<http://www.facebook.com/groups/spectrumparents/>

Virginia Beach Homeschoolers

<http://www.facebook.com/groups/VABHA/>

The Multiple Autism Network

<http://www.facebook.com/groups/themultipleautismnetwork/>

Special Needs Families in Hampton Roads, Virginia

<https://www.facebook.com/groups/180398972101580/>

Meetup Groups:

Autism Society, Tidewater Virginia Meetup Group

<http://www.meetup.com/tidewater-autism/>

Asperger's/ASD Support TEAM of Tidewater

<http://www.meetup.com/Tidewater-Aspergers-TEAM/>

Autism Spectrum Parents in Virginia Beach

<http://www.meetup.com/Autism-Spectrum-Parents-in-Virginia-Beach/>

Guardianship Assistance, Estate Planning, and Special Needs Trusts

Guardianship = G

Estate Planning = EP

Trust Counseling = TC

Matt Bellinger, Esq. (G, EP, TC)

Phone: (804) 883-5648

Fax: (804) 309-4160

matt@benecounsel.com

www.benecounsel.com

Vania O'Keefe, Esquire (G, EP, TC)

The Law Office of Shelly F. Wood, PC

501 Cedar Road, Suite 2A

Chesapeake, VA 23322

(757) 312-0211

Vokeefe@sflowerlaw.com

Brian A. Boys, Esq. (G, EP, TC)

Atlantic Law PLC

5265 Providence Road, Suite 303

Virginia Beach, Virginia 23464

Office: (757) 636-4480

Fax: (757) 610-9520

www.AtlanticLawPLC.com

Leigh Anne Bowling, JD, LLM (G, EP, TC)

Law Office of Leigh Anne Bowling, JD, LLM, PC

1604 Hilltop West Executive Center, Ste 319

Virginia Beach, VA 23451

(757) 227-5426

www.bowlinglawfirm.com

Rack & Olansen, P.C. (G, EP, TC)

Kevin Rack and Nathan Olansen

249 Central Park Avenue, Ste 200

Virginia Beach, VA 23462

(757) 605-5000

www.racklaw.com

First Home Care Day Support Services (G)

MiMi Sedjat

230 Fort Lane

Portsmouth, VA 23704

Mimi.sedjat@uhsinc.com

(757) 397-2546

<http://www.firsthomecare.com/day-support-service>

Virginia Beach Law Group

David Johnson
780 Lynnhaven Parkway, Suite 220
Virginia Beach, VA 23452
(757) 486-4529
www.vabeachlawgroup.com

Inman & Strickler

575 Lynnhaven Parkway, Suite 200
Virginia Beach, VA 23452
(757) 486-7055
www.inmanandstrickler.com

Malcolm Higgins

607 Lynnhaven Parkway, Suite 109
Virginia Beach, VA 23452
(757) 463-9000
lawoffices@malcolmhigginslaw.com

World Financial Group (EP)

293 Independence Blvd.
Pembroke 5, Suite 210
Virginia Beach, VA 23462
(757) 518-9346
www.worldfinancialgroup.com

Hook Law Center

Special Needs Planning

<http://www.hooklawcenter.com/our-services/special-needs-planning/>

Locations:

Suffolk

5806 Harbour View Blvd., Suite 203
Suffolk, VA 23435
(757) 399-7506

Virginia Beach

295 Bendix Road, Suite 170
Virginia Beach, VA 23452
(757) 399-7506

Wolcott, Rivers, Gates (G, EP, TC)

M. Powell Peters
Charles Arthur Robinson
301 Bendix Road, Ste 500
Virginia Beach, VA 23452
(757) 644-4203
www.wolcottriversgates.com

Midgett, Preti & Alperin PC (G, EP, TC)

John Midgett, Todd Preti, and Sherri Nelson
2901 S. Lynnhaven Road, Suite 120
Virginia Beach, VA 23452
(757) 687-8888
www.midgettpreti.com

***The Arc of Northern Virginia
Guardianship of Last Resort Project***

(702) 532-3214
www.thearcofnova.org/programs/guardianship

Williams Mullen Law Firm

www.williamsmullen.com/

Locations:

222 Central Park Avenue, Ste 1700
Virginia Beach, VA 23462
(757) 499-8800

Fountain Plaza Three
721 Lakefront Commons, Suite 200
Newport News, VA 23606
(757) 249-5100

1700 Dominion Tower
999 Waterside
Norfolk, VA 23510
(757) 622-3366

Virginia Guardianship Association (G)

Post Office Box 6357
Newport News, VA 23606
(804) 261-4046
www.vgavirginia.org

Virginia Microboard Association

P.O. Box 68531

Virginia Beach, VA 23471

(757) 460-1569

virginiamicroboards@gmail.com

<http://virginiamicroboards.org/>

Grants and Scholarship Programs

UnitedHealthcare Children's Foundation

MN017-W400

PO Box 41

Minneapolis, MN 55440-0041

1-855-698-4223

UHCCF Support: customerservice@uhccf.org

www.uhccf.org

Individual and Family Support Program (Medicaid Waiver Waitlist Members Only)

Department of Behavioral Health and Developmental Services

P.O. Box 1797

Richmond, VA 23218-1797

(804) 786-3921 – Main Office

<http://www.dbhds.virginia.gov/individuals-and-families/developmental-disabilities/community-support-services>

Contacts for IFSP are:

Roxie (Thompson) Lyons: 804-225-3810 Roxie.Thompson@dbhds.virginia.gov

Sandra Brown: 804-663-7277 Sandra.Brown@dbhds.virginia.gov

April Stuart: 804-786-5813 April.Stuart@dbhds.virginia.gov

Bob Villa: 804-371-4696 Bob.Villa@dbhds.virginia.gov

Navy Seal Foundation

Lori Camper, East Coast Family Representative

Mailing Address:

516 D. River Hwy, Suite 305

Mooresville, NC 28117

(704) 450-7751

lcamper@nswkids.org

www.nswkids.org

National Autism Association - Helping Hand Grant Program
www.nationalautismassociation.org/

Hair and Beauty Services

Pigtails and Crewcuts

Hilltop East Shopping Center
1554 Laskin Road, Suite 104
Virginia Beach, VA 23451
(757) 422-8888
www.pigtailsandcrewcuts.com/virginia-beach/

Pigtails and Crewcuts

725 Eden Way North
Chesapeake, VA 23320
(757) 549-4900
www.pigtailsandcrewcuts.com/chesapeake/

I Comb To You (Mobile Hair Salon)

LaRaine Murray
icombtoyou@gmail.com
(757) 977-4978

TeNisha Oliphant

Senior Design at JC Pennys
Licensed Cosmetologist/Educator
Cell: (917) 279-1306
JC Pennys: (757) 321-2065

Health Departments

Virginia Department of Health

P.O. Box 2448
109 Governor Street
Richmond, Virginia 23219
<http://www.vdh.state.va.us>

Local Health Departments:

Virginia Beach

Pembroke Corporate Center III

4452 Corporation Lane
Virginia Beach VA 23462
<http://www.vdh.state.va.us/LHD/vabeach/>

Chesapeake

748 N Battlefield Blvd
Chesapeake, VA 23320-4941
(757) 382-8600
<http://www.vdh.state.va.us/lhd/chesapeake/>

Hampton

Victoria Center
3130 Victoria Boulevard
Hampton, VA 23661-1588
(757) 727-1172
<http://www.vdh.state.va.us/lhd/hampton/hampton.htm>

Portsmouth

1701 High St.
Portsmouth, VA 23704
(757) 393-8585
www.vdh.state.us/LHD/portsmouth/index.htm

Norfolk

830 Southampton Ave., Ste. 200
Norfolk, VA 23510
(757) 683-2800
<http://www.norfolk.gov/index.aspx?nid=153>

Peninsula/Newport News

416 J. Clyde Morris Boulevard
Newport News, VA 23601
(757) 594-7305
<http://www.vdh.state.va.us/LHD/peninsula/Locations.htm>

Suffolk/Western Tidewater Office

135 Hall Avenue, Suite A
Suffolk, VA 23434
(757) 514-4700
<http://www.vdh.state.va.us/LHD/WestTide/ContactUs.htm>

Holistic Medical Approach

Dr. Margaret Gennaro

Neck, Back, and Beyond

10560 Main Street

Fairfax, VA 22030

(703) 865-5692

Email: drgennaro@webtv.net

www.neckbackandbeyond.com

Homeschool Groups & Playgroup Resources

Educational Coaches

Sue Perry

505 Cedar Road, Suite C

Chesapeake, VA 23322

(757) 407-6199

sperry@educational-coaches.com

www.educational-coaches.com

Bon Secours Family Focus

Parent-Child Interactive Learning Playgroups

First Baptist Church Newport News

12716 Warwick Blvd

Newport News, VA 23606

Register: (757) 886-6511

delores_price@bshsi.org

Local Related Agencies

Endependence Center

6300 East Virginia Beach Blvd

Norfolk, VA 23502

(757) 461-8007

www.endependence.org

The Ability Center (formerly Cerebral Palsy of Virginia)

5825 Arrowhead Drive, Suite 201
Virginia Beach, VA 23462
Phone: (757) 497-7474
www.cerebralpalsyofvirginia.org

Down Syndrome Association of Hampton Roads
Independence Center
6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 466-3696
www.dsahr.org

Families of Autistic Children of Tidewater (FACT)
520 Viking Drive
Virginia Beach VA 23452
(757) 422-2040
camp4autism@gmail.com
<http://camp4autism.com/>

Special Needs Assistance Program for Children
www.snap4kids.org

Family Services of Tidewater, Inc.
222 West 19th Street
Norfolk, VA 23517
(757) 622-7017

Carpe Diem Children's Services of Hampton Roads
3500 Tejo Lane, Suite 100
Chesapeake, VA 23321
(757) 638-5500
www.carpediemofva.com

Tidewater Child Development Services
830 Southampton Avenue, Suite 2093
Norfolk, VA 23510
(757) 683-8770
www.norfolk.gov/pub_health/ChildServices.asp

Virginia Autism Project
43260 Atherton Street
Asburn, VA 20147

www.virginiaautismproject.com

Virginia Board for People with Disabilities

1100 Bank Street, 7th Floor

Richmond, VA 23219

(804) 786-0016

1-800-846-4464

www.vaboard.org

Virginia 2-1-1

Information and Referrals

Dial 2-1-1

www.211virginia.org

Commonwealth of Virginia Assistive Technology Loan Fund Foundation

NewWell Fund

1602 Rolling Hills Drive, Suite 107

Richmond, VA 23229

(866) 835-5976

(804) 662-9000

<http://www.vadrs.org/cbs/at.htm>

www.newwellfund.org

Helping Other People's Enrichment, Inc. (dba The Family Center of Hope)

P.O. Box 752

Hayes, VA. 23072

804-684-2555

1-877-422-6362

www.hope-tfc.org

Military Resources and Services

NAVY – Local EFMP Contacts

Mid-Atlantic Regional LEAD

Loris N. Velez-Acevedo: (757) 322-9127

loris.velezacevedo.ctr@navy.mil

NORFOLK

MAIN OFFICE: (757) 444-2102

Michelle Kalman: (757) 322-9164

michelle.kalman.ctr@navy.mil

Rachel Cooke: (757) 322-9167

rachel.cooke.ctr@navy.mil

Portsmouth Naval Medical Center

MAIN OFFICE: (757) 953-7801

Diana Ero: (757) 953-7805

diana.ero.ctr@navy.mil

Joyce McPherson: (757) 953-7812

joyce.mcpherson.ctr@navy.mil

Oceana

MAIN OFFICE: (757) 433-2912

Robin Conley: (757) 433-2174

robin.conley.ctr@navy.mil

Winter Jones: (757) 433-3957

winter.jones.ctr@navy.mil

Yorktown and Newport News

MAIN OFFICE: (757) 887-4606

Lesia Howard: (757) 887-4952

lesia.howard.ctr@navy.mil

Tracey Hall: (757) 887-4782

tracey.hall.ctr@navy.mil

JEB Little Creek/Fort Story

MAIN OFFICE: (757) 462-7563

Kristin Greeson: (757) 462-3624

kristin.greeson.ctr@navy.mil

Sarah Lucas: (757) 462-3547

sarah.lucas.ctr@navy.mil

***Fleet & Family Support Center of
Hampton Roads***

1-800-372-5463

(757) 444-NAVY

www.CNIC.navy.mil/navylifeMA

Locations:

Norfolk Naval Station

7928 14th Street Ste 102
Norfolk, VA 23505
(757) 444-2102

Little Creek/Fort Story
1450 D Street
Norfolk, VA 23521
(757) 462-7563

Oceana Naval Air Station
1896 Laser Road Ste 120
Virginia Beach, VA 23460
(757) 433-2912

Yorktown Naval Weapons Station
1949 Von Steuben Drive
Newport News, VA 23603
(757) 887-4606

Newport News Shipyard
2600 Washington Avenue
Newport News, VA 23607
(757) 688-6289

Portsmouth Naval Medical Center
620 John Paul Jones Circle, Bldg 249
Portsmouth, VA 23708
(757) 953-7801

Air Force - Langley Air Force Base:
Special Needs Identification Program/EFMP-Medical
Peggy Gunther: (757) 225-5950
peggy.gunther@langley.af.mil

EFMP-Family Support Coordinator
Ursula Santiago: (757) 764-3990
Usula.santiago@langley.af.mil

Langley Airman & Family Readiness Center
45 Nealy Avenue, Suite 100

Langley AFB, VA 23665
(757) 764-3990

Marine Corps EFMP:

EFMP Program Manager

Karina Phillips: (757) 445-6875
phillipskm@usmc-mccs.org

Marine Corps Exceptional Family Member Program

Marine Corps Community Services
HQ MCCDC, 3019 Embry Loop
Quantico, VA 22134-5012
(703) 784-2172

Army – Fort Eustis:

EFMP Contact

Marlene F. Cherye: (757) 878-1954
marlene.f.cherye.civ@mail.mil

Army Exceptional Family Member Program

McDonald Army Community Hospital
Jefferson Avenue, Bldg 576
Fort Eustis, VA 23604
(757) 314-7500

Coast Guard:

EFMP Contact

Kelly Beck: (757) 686-4025
Kelly.a.beck@uscg.mil

Coast Guard Portsmouth Special Needs Program

4000 Coast Guard Blvd
Portsmouth, VA 23703
Family Advocacy Specialists
Aretha Thomas: (757) 686-4036
Lilly Cockrill: (757) 686-4027

Medical:

TRICARE North Region

1-877-874-2273 (1-877-TRICARE)
www.mytricare.com

Portsmouth Naval Hospital

Pediatric Subspecialty Clinics

Neuro-developmental, Neurology, Autism Spectrum Disorder Assessment Clinic

620 John Paul Jones Circle

Portsmouth, VA 23708

(757) 953-5000

(need referral from Primary Care Manager)

Respite Care Program:

Military Respite Care Program

Call NACCRA-Military Families

1515 N. Courthouse Road, 11th Floor

Arlington, VA 22201

Director: Betty Underwood

(800) 424-2246

The Planning Council (assistance in finding respite care provider)

5365 Robin Hood Road, Suite 700

Norfolk, VA 23513

(757) 622-9628

Legal Services

Navy Legal Service Office Mid-Atlantic

JAG (Judge Advocate General's Corps)

9620 Maryland Avenue, Suite 201

Norfolk, VA 23511

(757) 341-4470

(757) 341-4588

DSN: 341-4470, 341-4588

Appointment Line: (757) 341-4491

DSN Appointment Line: 341-4491

www.jag.navy.mil/legal_services/rlso_mid_atlantic.htm

Support Groups, Facebook Support Pages

Exceptional Family Member Program Support Group

(Norfolk/ Virginia Beach)

Ladene Suggs: (757) 460-1236

nadine244@juno.com

Special Needs Support for Military Families

www.facebook.com/#!/groups/SNSFMF

American Military Families Autism Support

Hampton Roads Group- run by parents

<https://www.facebook.com/groups/162451563867126/>

National Group- run by parents

<https://www.facebook.com/militaryautism?fref=ts>

Hampton Roads, VA, Special Needs / EFMP Support Group (est 2005)

<https://www.facebook.com/groups/Hamptonroadsefmp/>

National Programs

ADA Information Center-National Center

451 Hungerford Drive Ste 700

Rockville, MD 20850

1-800-949-4232

(301) 217-0124

www.adainfo.org

ADA Information Center- Virginia

Mid-Atlantic ADA Center

Virginia ADA Coalition

Endependence Center

Kelly Maxwell Gonzalez

6300 E. Virginia Beach Blvd.

Nofolk, VA 23502

(757) 461-8007

Autism Society (National Location)

4340 East-West Highway Ste 350

Bethesda, MD 20814

1-800-3AUTISM (1-800-328-8476)

(301) 657-0881

www.autism-society.org

National Autism Center

41 Pacella Park Drive

Randolph, MA 02368

1-877-313-3833

www.nationalautismcenter.org

Autism Speaks

www.autismspeaks.org

Talk About Curing Autism (TACA)

www.tacanow.org

Generation Rescue

www.generationrescue.org

Families for Early Autism Treatment

www.feat.org

National Rehabilitation Information Center (NARIC)

8400 Corporate Drive, Suite 500

Landover, MD 20785

1-800-346-2742

(301) 459-5900

www.naric.com

Unlocking Autism

P.O. Box 208

Tyrone, GA 30290

(866) 366-3361

www.unlockingautism.org

National Dissemination Center for Children with Disabilities (NICHCY)

1825 Connecticut Avenue NW, Ste 700

Washington, DC 20009

(800) 695-0285

(202) 884-8200

www.nichcy.org

Organization for Autism Research (OAR)

2000 North 14th Street, Ste 710

Arlington, VA 22201

(703) 243-9710

www.researchautism.org

Autism Research Institute

4182 Adams Avenue

San Diego, CA 92116
(866) 366-3361
www.autism.com

Children's Angel Flight
Air Travel for Medical Purposes Program
4620 Haygood Road, Suite 1
Virginia Beach, VA 23455
(757) 512-5267
www.ChildrensAngelFlight.org

Neurology/Brain Training

Child & Adolescent Neurology
Children's Hospital of the King's Daughters (CHKD)
Neuro-Developmental Center
850 Southampton Avenue
Norfolk, VA 23510
(757) 668-9920
(757) 961-0169
www.chkd.org

Dr. Ronald David
Virginia Center for Autism and Related Developmental Disorders
5875 Bremond Road, Medical Office Bldg - South Suite 700
Richmond, VA 23226
Office: (804) 673-9600
Fax: (804)673-8021

Locally - 606 Denbigh Blvd, Ste 400, Newport News, VA 23608
Office: (757) 877-1188

Spectrum Psychological and Neurotherapy, Inc.
Dr. C. Rick Ellis, Licensed Clinical and Forensic Psychologist, Neurotherapist
1020 Independence Blvd, Suite 204
Virginia Beach, VA 23455
(757) 640-1882
www.spectrumpsychological.net

Parker, Schlichter and Associates

5029 Corporate Woods Drive, Suite 250
Virginia Beach, VA 23462
(757) 473-3770
www.parkerschlichterandassociates.com

Virginia Beach Neurofeedback

Joanne Gingrich Crass
RN, MSN, BCIA_EEG
3701 Pacific Ave, Suite 208
Virginia Beach, VA 23451
(757) 377-5352
vb.neurofeedback@gmail.com
www.virginiabeachneurofeedback.com

Fly Therapy and Consulting

718 J. Clyde Morris Blvd.
Newport News, VA 23601
(757) 873-8566
<http://flyconsulting.com/team.html>

Brain Balance Virginia Beach

Tom and Paola Shenk
5286 Fairfield Shopping Center
Virginia Beach, VA 23464
(757) 644-6460
www.BrainBalanceVirginiaBeach.com

Learning Rx

Virginia Beach Brain Training Center

633 C Independence Blvd.
Virginia Beach, VA 23462
(757) 226-0816
<http://www.learningrx.com/virginia-beach-town-center/>

Occupational Therapy & Physical Therapy

Adler Therapy Group

5604 Virginia Beach Blvd, Bldg A, Suite 101
Virginia Beach, VA 23462
(757) 455-5000

Josh Adler, OTR/L, ATP
Occupational Therapist, Director
josh@adlertherapygroup.com

Children's Hospital of the King's Daughters (CHKD)

601 Children's Lane
Norfolk, VA 23507
(757) 668-7000
www.chkd.org/Services/PTOTST/

Rehabilitation Associates (Epic Pediatric Therapy)

Two Hampton Roads Locations:
(Southside)
4560 South Boulevard, Suite 310
Virginia Beach, VA 23452
(757) 490-3223

(Peninsula)
2713 Magruder Blvd, Suite L
Hampton VA 23666
(757) 490-3223

www.rehabilitationassociates.com

Contact: Tracy Miller, MHS, OTRL – tmiller@rehabilitationassociates.com

Sentara Therapy Center - Red Mill

2033 Fisher Arch, Suite 120
Virginia Beach, VA 23456
(757) 395-8485

<https://www.sentara.com/hampton-roads-virginia/hospitallocations/locations/sentara-therapy-centers/simple-locations/sentara-therapy-center-red-mill.aspx>

PhysioTherapy Associates

1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3951
www.physiocorp.com

Dianne D. Epplein & Associates

818 Newtown Road
Virginia Beach, VA 23462
(757) 473-8016
www.ddepdiatrictherapy.com

Dominion Physical Therapy & Associates, Inc.

729 Thimble Shoals Blvd Ste 4-C

Newport News, VA 23606

(757) 873-2932

www.dompt.com

Therapy for Kids

5301 Providence Road, Suite 80

Virginia Beach, VA 23464

(757) 467-1900 Ext. 204

www.southeastern4kids.com

Southeastern Physical Therapy

www.southeasternpt.com

Locations:

Kempsville

5301 Providence Road, Suite 80

Virginia Beach, VA 23464

(757) 575-2039

General Booth

2117 McComas Way, Suite 105

Virginia Beach, VA 23454

(757) 427-5505

Great Neck

1157 First Colonial Road, Suite 201

Virginia Beach, VA 23454

(757) 481-0052

Chesapeake

905 N Battlefield Blvd, Suite 105

Chesapeake, VA 23320

(757) 410-3157

Chesapeake

801 Poindexter Street, Suite 219

Chesapeake, VA

(757) 548-0014

Chesapeake
680 B Kingsborough Square
Chesapeake, VA
(757) 547-0434

Physical Therapy Works for Kids

www.ptworks.net

(757) 539-6300

Locations:

Suffolk

2007 Meade Parkway

Suffolk, VA 23434

(757) 539-0704

Smithfield

1250 Smithfield Plaza

Smithfield, VA 23430

(757) 357-6869

Tidewater Therapy for Children

4016 Raintree Road, Suite 240

Virginia Beach, VA 23321

(757) 488-2864

www.tidewatertherapy.com

Therapy Choice OT

1157 First Colonial Parkway, Suite 301

Virginia Beach, VA 23454

(757) 422-6342

www.therapychoiceot.net

Coastal Rehab

101 Medical Drive

Elizabeth City, NC 27909

(252) 338-2114

www.coastalrehabnc.com

Little Hands Little Feet

Nichole Adamos, MS OTR/L

3186 Main Street

Exmore, VA 23350

(757) 442-5437

www.lhlfpediatrictherapy.com

Ophthalmologists

Dr. Joel Lall-Trail

885 Kempsville Road, Suite 101
Norfolk, VA 23502
(757) 461-3106

Developmental Vision Care, P.C.

Dr. Kenneth R. Westcott, O.D.
1417 North Battlefield Blvd Ste 170
Chesapeake, VA 23320
(757) 410-3005
www.d-visioncare.com

***Chesapeake Eye Care and Laser Center
Grifey & Whitelock Eye Specialists***

www.griffey2020.com

Locations:

Chesapeake
560 Kempsville Road, Suite 100
Chesapeake, VA 23320
(757) 410-9500

Norfolk
3921 Granby Street
Norfolk, VA 23504
(757) 410-9500

Dr. Joel N. Zaba

www.optometrists.org/zaba

Locations:

Virginia Beach
Pembroke 1, Suite 105
281 Independence Blvd
Virginia Beach, VA 23462
(757) 497-9575

Norfolk
1232 W. Little Creek Rd, Suite 200
Norfolk, VA 23505
(757) 489-9656

Virginia Pediatric Eye Center
Dr. Earl Crouch Jr., M.D., F.A.C.S.
www.virginiapediatricseye.com
(757) 461-0050

Locations:

Norfolk
880 Kempsville Road
Norfolk, VA 23502

CHKD
601 Children's Lane
5th Floor, Suite 5D
Norfolk, VA 23507

Hampton
Executive Towers
2101 Executive Drive, 6th Floor
Hampton, VA 23666

Other Providers

Special Kids Photography of America
Bob Harper
120 W Queens Way, Suite 101
Hampton, VA 23669
(757) 785-9146
<http://bobharperphotography.com/Special-Kids-Photography.html>

Play Therapy and Parent Child Interaction Therapy (PCIT)

CHKD Behavioral Health Clinic

Rebecca Gowen, Referral Specialist

rebecca.gowen@chkd.org

(757) 668-7382

<http://www.chkd.org/Our-Services/Specialty-Care-and-Programs/Behavioral-Health/>

ODU Registered Play Therapy Training Program

Dr. Sharon Silverberg

(757) 683-4247

ssilverb@odu.edu

<https://www.odu.edu/cepd/education/registered-play-therapy>

Peace By Peace Psychotherapy

Holly Tracy, LPC, LMFT, RPT-S

(757) 769-7040

peacebypiece@cox.net

Phoenix Counseling Group

Janelle Johnson

757 652-2916 (Phone)

jjohnson@phoenixcounselinggroupva.com

First Home Care

Erin Gossage, NCC, Resident in Counseling

Direct: (757) 514-3248

Office: (757) 393-7200

Psychiatrists/Psychologist

CHKD Developmental Pediatrics (Psychologists)

Dr. Lynn Page

Dr. Janice Keener

Dr. Lisa Ulmer

(757) 668-7473

Eastern Virginia Medical School

Department of Psychiatry and Behavioral Sciences

ASD Clinic – Dr. Hartmann, Dr. Urbano, Dr. Kreiser and Dr. Deutsch

825 Fairfax Avenue

Hofheimer Hall, Suite 710

Norfolk, VA 23507
(757) 446-5888
www.evms.edu/autism

Dr. Potter Henderson, MD
(757) 708-2149

Hampton Roads Psychological Associates
Greg Griffin, LCSW
3101 American Legion Road, Suite 12
Chesapeake, VA 23321
(757) 484-0616
www.hrpsychological.com

Dr. Charles Parker
Parker, Schlichter & Associates
5029 Corporate Woods Drive, Suite 250
Virginia Beach, VA 23462
(757) 473-3770
www.parkerschlichterandassociates.com

Hampton Mental Health Associates
Martha Jones, MSN, CPNP, PMHS
2208 Executive Drive, Suites A, C, & E
Hampton, VA 23666
(757) 826-7516
www.hmha.net

Independence Psychotherapy Services, LLC
Linda Bourdon, Ed.D.
Licensed Clinical Psychologist
215 McLaws Circle, Suite 1
Williamsburg, VA 23185
intherapy@cox.net
Main Phone: (757) 345-6428
<http://www.independencepsych.com/>

Churchland Psychiatric Association
Academy Crossing Medical Plaza
3300 Academy Drive
Portsmouth, VA 23703
(757) 483-6404

Dominion Psychiatric

2580 Potters Road
Virginia Beach, VA 23452
(757) 498-9391
www.dominionpsych.com

Spectrum Psychological and Neurotherapy, Inc.

Dr. C. Rick Ellis, Licensed Clinical and Forensic Psychologist, Neurotherapist
1020 Independence Blvd, Suite 204
Virginia Beach, VA 23455
(757) 640-1882
www.spectrumpsychological.net

Community Psychological Resources

Margaret McDowell
249 West York Street
Norfolk, VA 23510
(757) 622-6794

Dr. Peter Dozier, M.D.

***Children's Hospital of the King's
Daughters***

Behavioral Pediatrics
601 Children's Lane
Norfolk, VA 23507
(757) 668-8866

Assessment & Therapy Associates

2006 Old Greenbrier Road, Ste 6
Chesapeake, VA 23320
(757) 961-0569
www.assessmentandtherapyassociates.com

Hampton Roads Neuropsychology

www.hamptonroadspsychology.com

Locations:

Virginia Beach

780 Lynnhaven Road, Ste 340
Virginia Beach, VA 23452
(757) 498-9585

Newport News

739 Thimble Shoals Blvd, Ste 704
Newport News, VA 23606
(757) 498-9585

Eden Counseling and Consultation

Virginia Beach/Norfolk:
6330 Newtown Rd., Suite 300
Norfolk, VA 23502
(757) 466-3336
www.edencounseling.com

Public School Information/Parent Resource Centers

Virginia Beach Public Schools

www.vbschools.com

*Parent Support and Information Center
Office of Programs for Exceptional Children
1413 Laskin Road
Virginia Beach, VA 23451
Contact: Eileen Ouellette, M.Ed. - Eileen.Ouellette@vbschools.com
Phone: 757.263.2066
Fax: 757.263.2067
Special Education Advisory Committee (SEAC): (757) 368-5327
Virginia Beach Special Education PTSA: <http://www.vbsepta.org>*

Chesapeake Public Schools

www.cpschools.com

*Parent Resource Center
369 South Battlefield Blvd
Chesapeake, VA 23322
(757) 482-5923
PRC Director, LaEunice Brown: LaEunice.Brown@cpschools.com
Special Education Advisory Committee (SEAC): (757) 494-7600
Special Education Director, Craig Pinello: (757) 494-7600*

Norfolk Public Schools

www.nps.k12.va.us

Parent Resource Center

132 North Military Highway
Norfolk, VA 23502
(757) 892-3385 ext. 3408
Special Education Director, Sandra Witcher: (757) 628-3950
Special Education Advisory Committee (SEAC), Ginny Bobby: (757) 515-0261

Portsmouth Public Schools

www.pps.k12.va.gov

Parent Resource Center/Family Information Center

2801 Turnpike Road

Portsmouth, VA 23707

(757) 289-8990

Special Education Office:

Judith Fagan (757) 393-8792

Pamela Hardy (757) 393-8658

Suffolk Public Schools

www.spk12.net

Parent Resource Center

2316 William Reid Drive

Suffolk, VA 23434

(757) 925-5785

Debra Bagley

Hampton Public Schools

www.sbo.hampton.k12.va.us

Parent Resource Center

1145 W. Queen Street

Hampton, VA 23669

Nancy Whitaker: (757) 896-7628

Newport News Public Schools

www.sbo.nn.k12.va.gov

Parent Resource Center

21 Burns Drive

Newport News, VA 23601

Ruthann Newton: (757) 591-4527

Virginia Department of Education Parent Resource Center (VDOE)

Judith Hudgins

(804) 371-7421

Residential & Treatment Facilities

The Barry Robinson Center

443 Kempsville Road
Norfolk, VA 23502
Email Admissions: admissions@barryrobinson.org
Office: (800) 221-1995 or (757) 455-6100
Fax: (757) 455-6127

Kempsville Center for Behavioral Health

860 Kempsville Road
Norfolk, VA 23502
Local: (757) 461-4565
Toll Free: (877) 409-2228
<http://kempsvillecbh.com/>

Cumberland Hospital for Children & Adolescents

9407 Cumberland Road
New Kent, VA 23124
(800) 368-3472
(804) 966-2242
<http://cumberlandhospital.com>

Grafton Integrated Health Network

888-955-5205 extensions: 6460, 6461 or 7330
www.grafton.org
admissions@grafton.org

Hughes Center

1601 Franklin Turnpike
Danville, Virginia 24540
(888) 54-HUGHES
(434) 836-8500
www.thehughescenter.com

Kenbridge Youth Academy

231 Hickory Road
Kenbridge, VA 23944
(434) 676-1378
844-KENBRIDGE

info@meridianbhealth.com
www.kenbridgeyouthacademy.com

Respite Care & Childcare Referral

Autism Buddies

<https://www.facebook.com/Autism-Buddies-129513077092064/>
Email – autismbuddies@aol.com

Trinity Presbyterian Church

(Free Respite Days Occasionally Offered Throughout the Year)
1600 Colonial Avenue
Norfolk, VA
(757) 550-4060
accesstrinity@gmail.com

Babysitease

(757) 689-8748
www.babysitease.com

Care.Com, Inc.

1-877-227-3115
77 4th Avenue
North Waltham, MA 02451
www.care.com

NACCRA Child Care Referral Services

1515 N. Courthouse Road, Floor 11
Arlington, VA 22201
(703) 341-4100
www.naccra.org

Children's Advocacy & Services Group, LLC

Center Based After School/Weekends
Respite Care
757-376-3147

Precious Pearls Childcare Center

For Children With Special Needs

(Norfolk Location)
7808 Wildwood Drive
Norfolk, VA 23518
(757) 961-1196
(757) 286-9900

(Chesapeake Location)
516 Albemarle Drive
Chesapeake, VA 23322
(757) 609-3138
preciouspearlsinc@gmail.com
Chesapeake Health Department
Childcare Referral Information
748 N. Battlefield Blvd.
Chesapeake, VA 23320
(757) 382-8706
(757) 382-8707

Cerebral Palsy of Virginia
5825 Arrowhead Drive, Suite 201
Virginia Beach, VA 23462
Phone: (757) 497-7474
www.cerebralpalsyofvirginia.org

Safety and Tracking Devices

Project Lifesaver International

Check website for further city listings

www.projectlifesaver.org

Main Contact: (757) 546-5502

Locations:

Project Lifesaver Virginia Beach

2509 Princess Anne Road

Virginia Beach, VA 23456

(757) 385-2742

Contact: MPO JC Karangelen or MPO Allen Perry

<https://www.vbgov.com/government/departments/police/opsdiv/Pages/proj-lifesaver.aspx>

Project Lifesaver Chesapeake
815 Battlefield Blvd South
Chesapeake, VA 23322
(757) 382-6222
Contact: Lt. Washington

Project Lifesaver Suffolk
400 Market Street
Suffolk, VA 23434
(757) 514-4545
Contact: Lt. Mason Copeland

Project Lifesaver Norfolk
811 E. City Hall Ave.
Norfolk, VA 23510
(757) 328-2485
Contact: Officer Paul Balance

Project Lifesaver Portsmouth
711 Crawford Street
Portsmouth, VA 23704
(757) 499-4820
Contact: Captain Ed Schardein

Project Lifesaver Hampton
Hampton Sheriff's Office
1928 W. Pembroke Avenue
Hampton, VA 23661
(757) 728-2010
Contact: Lt. Cherry

Project Lifesaver Newport News
Newport News Sheriff's Office
224 26th Street
Newport News, VA 23607
(757) 926-8149
Contact: Lt. Patrick

National Autism Association - Big Red Safety Box
(877) 622-2884
<http://nationalautismassociation.org/big-red-safety-box/>

IonKids

2306 Masonwood Way
Round Rock, TX 78681
1-888-846-6543
www.ion-kids.com

AngelSense

Customer Care
Toll Free: 1-888-999-2023
info@angelsense.com
<https://www.angelsense.com/>

Hampton Roads Medical Needs Registry

Emergency Preparedness Tool

Hampton Roads Planning District Commission (HRPDC)
723 Woodlake Drive
Chesapeake, VA 23320
(757) 420-8300
specialneeds@hrpdcva.gov
www.hrspecialneeds.org

Secondary Educational Programs (Adults)

Tidewater Community College

Disability Services

Linda Harris, College-wide Coordinator
1700 College Crescent
Lynnhaven Building, Room 120
Virginia Beach, VA 23453
(757) 822-7751
www.tcc.edu/students/specialized/disabilityservices/

Old Dominion University

Office of Education Accessibility

1021 Student Success Center
Norfolk, VA 23529
(757) 683-4655
<http://www.odu.edu/educationalaccessibility>

Mason LIFE Program at George Mason University

Helen A. Kellar Institute for Human Disabilities

4400 University Drive, MSN 1F2
Fairfax, VA 22030
<http://masonlife.gmu.edu>
(703) 993-3905

College Living Experience, Inc.
National Admissions
7150 Columbia Gateway, Suite J
Columbia, MD 21046
(800) 486-5058
www.CLEinc.net

Marshall University
West Virginia Autism Training Center
One John Marshall Drive Ste 316
College of Education & Human Services
Huntington, WV 25755
(304) 696-2332
www.marshall.edu/coe/atc

The University of Iowa, REACH
College of Education
S229 Lindquist Center
Iowa City, IA 52242
REACH@uiowa.edu
(319) 384-2127

Old Dominion University
Say Yes to College Program
College Transition Program for Students with Disabilities
Joann Ervin
Old Dominion University
Education Building, Room 252-1
Norfolk, VA 23529
www.ahead.org/affiliates/virginia/transition-program

SpectrumWise College Consulting, LLC.
(For Students with ASD/Asperger's)
Barbara Simeroth, M.S.Ed.
(804) 554-6617
info@spectrum-wise.com
www.spectrum-wise.com

Service Dogs

PAWS Training Centers

Alice Smith
Client Services Coordinator
info@pawstrainingcenters.com
www.PAWSTrainingCenters.com
www.facebook.com/PAWSTrain
Office: (757) 268-7546
Fax: (484) 766-3598

Dominion Canine

Joseph Agustin
757-818-0712
dom.canine@gmail.com
<http://www.dominioncanine.org/>

Social Services & Social Security

Chesapeake Department of Social Services

S. Michelle Cowling, Director
100 Outlaw Street
Chesapeake, VA 23320
(757) 382-2000

Norfolk Department of Human Services

Stephen Hawks, Director
Franklin Building
741 Monticello Avenue
Norfolk, VA 23510
(757) 664-6000

Portsmouth Department of Social Services

Jacqueline Scott, Director
1701 High Street, Suite 101
Portsmouth, VA 23704
(757) 405-1800

Suffolk Department of Social Services

Azeez Felder, Director
135 Hall Avenue, Suite B
Suffolk, VA 23434
(757) 514-7450

Virginia Beach Department of Human Services

Robert R. Morin, Jr., Director
3432 Virginia Beach Blvd, Suite 342
Virginia Beach, VA 23452
(757) 437-3200

Hampton Department of Social Services

Wanda Rogers, Director
1320 LaSalle Ave.
Hampton, VA 23669
(757) 727-1800

Newport News Department of Human Services

Glenn Butler, Director
Rouse Tower, 6060 Jefferson Ave.
Newport News, VA 23605
(757) 926-6300

Social Security Administration Offices
(800) 772-1213

Norfolk & Chesapeake
5850 Lake Herbert Drive
Norfolk, VA 23502

Virginia Beach
2875 Sabre Street, Suite 100
Virginia Beach, VA 23452

Portsmouth
3305 Airline Blvd
Portsmouth, VA 23701

Suffolk
502 Hillpoint Blvd
Suffolk, VA 23434

Hampton
1521 Hardy Cash Drive
Hampton, VA 23666

Newport News
11706 Jefferson Ave
Newport News, VA 23606

Social Skills Groups ***(Including Arts/Theater Groups)***

Social Butterflies Club

Rhonda Osisek M.S., CCC-SLP
Director/ Speech-Language Pathologist
600 Independence Blvd
Virginia Beach, VA 23454
(757) 422-6342
www.socialbutterfliesclub.com
www.facebook.com/socialbutterfliesclub

Norfolk Speech & Language Services

Peggy Pickford, MS, CCC-SLP
110 Kingsley Lane, Suite 209
Norfolk, VA 23505
(757) 423-1933
www.norfolkspeech.com

Inside Out Learners, Inc.

Terrie Livingston, M.Ed.
317 Great Bridge Blvd., Suite I
Chesapeake, VA 23320
(757) 436-2722
Terrie@insideoutlearners.com
<http://www.insideoutlearners.com/>

Rehabilitation Associates (Epic Pediatric Therapy) – Peer Interactive Experiences (PIE)

Two Hampton Roads Locations:
(Southside)
4560 South Boulevard, Suite 310
Virginia Beach, VA 23452
(757) 490-3223

(Peninsula)
2713 Magruder Blvd, Suite L
Hampton VA 23666
(757) 490-3223
www.rehabilitationassociates.com
Contact: Stephanie Ferguson (814-243-5580)
Contact: Jenny Ninos (919-928-6910)

Dr. Kristyn Troyer
4425 Portsmouth Blvd, Suite 120
Chesapeake, VA 23321
therapy@drkristyntroyer.com
Office: (757) 392-3370
www.drkristyntroyer.com

Arts Inclusion Company
artsinclusioncompany@gmail.com
<http://www.artsinclusioncompany.com/>

Centerstage Academy (Joy of Acting Class)
4030C & 4026 George Washington Memorial Hwy,
Yorktown, VA 23692
(757) 890-0175
<http://www.spotlightoncenterstage.com/joy-of-acting>
rebecca@spotlightoncenterstage.com

One Child Center for Autism
201A Bulifants Blvd
Williamsburg, VA 23188
(757) 585-3216
<http://onechildcenterforautism.org/>

Autism Tutoring Services
Judy Lambert
1132 Rollingwood Arch
Virginia Beach, VA 23464

(757) 619-0860

The Learning Resource Center

Friendship Club

935 First Colonial Rd

Virginia Beach, VA 23454

(757) 428-3367

www.learningresourcecenter.org

Churchland Psychiatric Association

Academy Crossing Medical Plaza

3300 Academy Drive

Portsmouth, VA 23703

(757) 483-6404

Families of Autistic Children of Tidewater (FACT)

Tween Time, Teen Night, Family Socials

520 Viking Drive

Virginia Beach VA 23452

(757) 422-2040

camp4autism@gmail.com

<http://camp4autism.com/social-programs/>

Sense Abilities Pediatric Therapy, LLC

Peggy P. Joseph, MS, CCC-SLP

(757) 718-8505

ChesapeakeSensabilites@gmail.com

Navigation Behavioral Consulting

Social Skills & Parallel Play Groups

1535 Amberley Forest Road

Virginia Beach, VA 23455

Nikki Goodman: ngoodmannbc@gmail.com

Lizzy Harrington: eharringtonbc@gmail.com

Progressive Learning Therapy, Inc.

Kathryn Kellas, Founder and BCaBA

Social and life skills training using a martial arts curriculum

Team UPMA (ultimate performance martial arts)

757-869-4162 (Cell)

kkellas.plt@gmail.com

www.progressivelearningtherapy.org

Speech, Language, and Sign Therapy

Children's Hospital of the King's Daughters (CHKD)

601 Children's Lane
Norfolk, VA 23507
(757) 668-7083

<http://www.chkd.org/Our-Services/Rehabilitative-Services-and-Therapy/Speech-Therapy/>

ODU Speech and Language Clinic

4501 Hampton Blvd
Norfolk, VA 23529
(757) 683-4117

<https://www.odu.edu/partnerships/community/programs/health/speech-hearing>

Hampton University Speech, Language and Hearing Clinic

Hampton University School of Communicative Sciences and Disorders
BOX 6194
Hampton, VA 23668
(757) 727-5435

<http://science.hamptonu.edu/csad/services.cfm>

Adler Therapy Group

5604 Virginia Beach Blvd, Bldg A, Suite 101
Virginia Beach, VA 23462
(757) 455-5000

www.adlertherapygroup.com

Educational Coaches

Sue Perry
505 Cedar Road, Suite C
Chesapeake, VA 23322
(757) 407-6199

sperry@educational-coaches.com

www.educational-coaches.com

Rehabilitation Associates (Epic Pediatric Therapy)

Two Hampton Roads Locations:

(Southside)
4560 South Boulevard, Suite 310
Virginia Beach, VA 23452
(757) 490-3223

(Peninsula)
2713 Magruder Blvd, Suite L
Hampton VA 23666
(757) 490-3223

www.rehabilitationassociates.com

Contact: Tracy Miller, MHS, OTRL – tmiller@rehabilitationassociates.com

Diann Shorter

Sign Language Instructor
(757) 968-2121

digirl2956@juno.com

Facebook: www.facebook.com/signwithmeva

Class information and events:

www.signwithmeva.com

www.signwithmeva.blogspot.com

Norfolk Speech & Language Services

Peggy Pickford, MS, CCC-SLP
110 Kingsley Lane, Suite 209
Norfolk, VA 23505
(757) 423-1933

www.norfolkspeech.com

PhysioTherapy Associates

Pediatrics-Kemp River
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3951

<http://www.physiocorp.com>

Dianne D. Epplein & Associates

Pediatric Therapy
818 Newtown Road
Virginia Beach, VA 23462
(757) 473-8016

www.ddepdiatrictherapy.com

Southeastern Therapy for Kids

Beth King, Director
(757) 467-1900, Ext. 204
www.southeastern4kids.com

Locations:

5301 Providence Road, Suite 80
Virginia Beach, VA 23464

1157 First Colonial Road, Suite 201
Virginia Beach, VA 23454

Sense Abilities Pediatric Therapy, LLC

Peggy P. Joseph, MS, CCC-SLP
(757) 718-8505
ChesapeakeSensabilites@gmail.com

Speech & Language Service of Virginia

Nikki Paquette
757-262-8644
Paquette.nikki@gmail.com

Physical Therapy Works for Kids

www.ptworks.net

Locations:

Suffolk
2007 Meade Parkway
Suffolk, VA 23434
(757) 539-6300

1931 Holland Road
Suffolk, VA 23434
(757) 925-4500

1250 Smithfield Plaza
Smithfield, VA 23430
(757) 357-6869

Assessment & Therapy Associates

2006 Old Greenbrier Road, Ste 6
Chesapeake, VA 23320
(757) 961-0569

www.assessmentandtherapyassociates.com

Coastal Rehab

101 Medical Drive
Elizabeth City, NC 27909
(252) 338-2114
www.coastalrehabnc.com

Paradigm Pathway Consulting

G. Maria Hill, Ed.D., L-BCBA-D
757-286-2786
757-966-7872 (FAX)
www.paradigmpathwayconsulting.com

Tech 4 Speech

www.tech4speech.org
info@tech4speech.org

Progressive Learning Therapy, Inc.

Kathryn Kellas, Founder and BCaBA
ABA-based Speech-Language Pathology
757-869-4162 (Cell)
kkellas.plt@gmail.com
www.progressivelearningtherapy.org

Sentara Therapy Center - Red Mill

2033 Fisher Arch, Suite 120
Virginia Beach, VA 23456
(757) 395-8485
<https://www.sentara.com/hampton-roads-virginia/hospitallocations/locations/sentara-therapy-centers/simple-locations/sentara-therapy-center-red-mill.aspx>

Sports and Therapeutic Recreation Programs

Todd Rosenlieb Dance Center - Movin' and Dancing with Autism (ages 5 and up)

Christina Hudgins
325 Granby Street
Norfolk, VA 23510
ceh91493@gmail.com

(757) 626-3262

Ballet for All Kids (ages 5 and up)

Christina Hudgins

christina@balletforallkids.com

(757) 439-2823

Locations: Todd Rosenlieb Dance Center, 325 Granby Street, Norfolk, VA 23510

Locations: Platinum Dance Arts, 1069 George Washington Hwy North, Chesapeake, VA 23323

Autism Fitness Class for Children with ASD (ages 8-17)

CHKD Oakbrooke

Sports Medicine

500 Discovery Drive

Chesapeake, VA 23320

Kendall Vaughan - (757) 668-6654 or kendall.vaughan@chkd.org

Rosanna.DeLutis - (757) 668-2386 or rosanna.delutis@chkd.org

Aquatic Therapy for Children with ASD

Aquatic Therapy for Children with ASD

CHKD Oakbrooke

Occupational Therapy

500 Discovery Drive

Chesapeake, VA 23320

(757) 668-2415

YMCA Great Bridge/Hickory

Terrific Turtles Adaptive Swim Lessons

Great Bridge/Hickory Family YMCA

633 S. Battlefield Blvd.

Chesapeake, VA 23322

(757) 546-9622

YMCA South Hampton Roads

Operations Center

4101 Granby Street Ste 305

Norfolk, VA 23504

(757) 962-2112

www.ymcashr.org

KelsKids

Adaptive Aquatic Lessons

200 David Street
Kill Devil Hills, NC
(252) 489-5589
www.kelskids.org

Families of Autistic Children of Tidewater (FACT)
iCan Shine Ride-A-Bike Program
Indoor Basketball, Bowling, Soccer and Zumba Clinics
520 Viking Drive
Virginia Beach VA 23452
(757) 422-2040
camp4autism@gmail.com
<http://camp4autism.com/sport-programs/>

Renegades Cheer Association
Special Needs Team – “Shining Stars”
Theresa Cole, President & Head Coach
549 South Birdneck Road, Suite 106
Virginia Beach, VA 23451
(757) 285-6492
<http://www.leaguelineup.com/welcome.asp?url=cheerrenegades>

Triple-R Ranch Therapeutic Riding
Program
Kim Monroe
3531 Bunch Walnut Road
Chesapeake, VA 23322
757-739-5687
3specialequestrians@gmail.com
www.triplerranch.org

Untamed Spirit Therapeutic and Educational Program
Barbara Ford, Founder and Executive Director
3943 Dawley Road
Virginia Beach, VA 23457
(757) 288-5999
barb@untamedspirit.org
www.untamedspirit.org

EQUI-KIDS Therapeutic Riding Program
2626 Heritage Park Drive
Virginia Beach, VA 23456

(757) 721-7350
www.equikids.org

Boy Scouts of America, Tidewater Council

1032 Heatherwood Drive
Virginia Beach, VA 23455
(757) 497-2688

www.tidewaterbsa.com

Tidewater Council: (757) 497-2688

(Southside, except Suffolk & Northeast NC)

Colonial Virginia Council: (757) 595-3356

(Peninsula, Suffolk, and Western Tidewater)

Jim Wheaton: jimwheaton@msn.com

Challenged Athletes of West Virginia

Adaptive Sports Program

David Begg

10 Snowshoe Drive

Snowshoe, WV 26209

(304) 572-6708

www.cawvsports.org

Special Olympics

Brad Stevens

bstevens@specialolympicsva.org

Linda Hollingsworth

lhollingsworth@specialolympicsva.org

(757) 962-1575

Locations for Virginia Beach, Portsmouth, Norfolk, Chesapeake, Newport News, Poquoson,
Williamsburg, York and James City County

(Person must have an Intellectual Disability diagnosis to participate)

www.area2specialolympicsva.org

Little League, Challenger Division

Email: norfolkchallenger@cox.net

Norfolk

Gary Owens

(757) 480-3304

Virginia Beach

Steve Hackforth

(757) 749-2564

Chesapeake
Jeff Parker
(757) 646-2024

Therapeutic Recreation Centers

Locations:

Virginia Beach Kathy Williams
2521 Shorehaven Drive
Virginia Beach, VA 23454
(757) 385-5990
[kdwillia@vb.gov.com](mailto:kdwillia@vb.gov)

Chesapeake Jessica Smith, CTRC
1224 Progressive Drive, Suite 200
Chesapeake, VA 23320
(757) 382-1328
jbsmith@cityofchesapeake.net

Suffolk Maribel Bracke, CTRS
Therapeutic Recreation Specialist
Phone: 757-514-7264
Fax: 757-514-7275
mbaltazar@suffolkva.us

Norfolk Cathy Orletsky, CTRS
180 E. Evans Street
Norfolk, VA 23503
(757) 441-1764

Portsmouth Clarice Chastang, M.S. TRS
Cradock Recreation Center
308 Allen Road
Portsmouth, VA 23701
(757) 393 - 1046
chastangc@portsmouthva.gov

Hampton 3501 Kecoughtan Road
Hampton, VA 22661
(757) 728-1710
<http://www.hampton.gov/3035/Therapeutic-Recreation-Summer-Camp>

James City County 5301 Longhill Road
Williamsburg, VA 23188
(757) 259-4200

Virginia Rush Soccer Club – TOPSoccer Program
<http://www.varush.com/registration/topsoccer-program>
Contact: Sid Wesseldine
coachwes51@gmail.com
(757) 636-8539

Virginia Beach Sportsplex
2181 Landstown Road
Virginia Beach, VA 23456

BrickHeadZ
After-school programs, camps, special events
1525 Technology Drive
Chesapeake, VA 23320
(757) 609-3738
www.brickheadz.net

The Little Gym of Chesapeake
237 Hanbury Road East Chesapeake, VA 23322
(757) 546-1001
<http://www.thelittlegym.com/chesapeakeva/>

The Little Gym of Virginia Beach
Landstown Commons Shopping Center
3312 Princess Anne Rd, Suite 825
Virginia Beach, VA 23456
(757) 368-6600
<http://www.thelittlegym.com/virginiabeachva/>

The First Tee of Hampton Roads YMCA
www.thefirstteehr.org

Locations:

Virginia Beach:
2400 Tournament Road
Virginia Beach, VA 23456
(757) 563-8990

Norfolk:

4301 Powhatan Avenue
Norfolk, VA 23508
(757) 563-8990

Dream Catchers Williamsburg

Terry Jacoby, Donor Relations Coordinator
Cori Sikich Therapeutic Riding Center
10120 Fire Tower Road
Toano, VA 23168
(757) 566-1775
www.dreamcatcherswilliamsburg.org

Adaptive Movement Programs

Linda Miller-Dunleavy
(757) 630-9801
amp_lmd@cox.net
<http://www.amp4kids.com/>

Ravens Way Foundation

Music Workshops and Concerts/Events
Pamela Tanner
757-647-7719
ptanner7@hotmail.com
www.facebook.com/ravenswayfoundation

The Music Staff, Inc.

3100 Tyre Neck Road
Chesapeake, VA 23321-5309
(757) 483-4900
www.themusicstaff.com

Centerstage Academy

Joy of Acting Class
4030 George Washington Highway
Yorktown, VA 23692
(757) 890-0175
www.CenterstageAcademyVA.com

SMART-One, Inc.

Programs and Activities/Groups
Sports, Living Skills, and More
smartoneinc@gmail.com

787 Wilderness Way
Newport News, VA 23608
(757) 696-2540 – Vee
veegee215@yahoo.com
(757) 725-2378 - Nickie
www.smartoneinc.net

State Resources

Commonwealth Autism Services

4108 East Parham Rd.
Richmond, VA 23228
(800) 649-8481
(804) 355-0300
<http://www.autismva.org/>

Virginia Autism Resource Center (VARC)

Virginia Commonwealth University
4100 Price Club Blvd
Midlothian, VA 23112
1-877-667-7771
(804) 674-8888 ext 5161
www.varc.org

Division of Special Education and Student Services

James Monroe Building
101 North 14th Street
Richmond, VA 23219
1-800-292-3820
http://www.doe.virginia.gov/about/spec_ed_and_stu_svs/index.shtml

Department of Behavioral Health and Developmental Services

Kimberly Rodgers
Region 5 Housing Specialist
804-629-1674
kimberly.rodgers@dbhds.virginia.gov
www.dbhds.virginia.gov

Summer and Therapeutic Camps

Families of Autistic Children of Tidewater (FACT)

Campgonnawannagoagin

520 Viking Drive

Virginia Beach VA 23452

(757) 422-2040

camp4autism@gmail.com

<http://camp4autism.com/camp-programs/>

KelsKids

Surf Camp, Stand Up Paddleboard Camp, Yoga Camp, Swimming etc.

Kellie Maier, Owner

Virginia Beach, VA 23451

(252) 489-5589

kel.kids@gmail.com

www.kelskids.org

BrickHeadZ

Several Camps Offered

1525 Technology Drive

Chesapeake, VA 23320

(757) 609-3738

www.brickheadz.net

Social Butterflies Club

Several Camps Offered

Rhonda Osisek M.S., CCC-SLP

Director/ Speech-Language Pathologist

600 Independence Blvd

Virginia Beach, VA 23454

(757) 422-6342

www.socialbutterfliesclub.com

www.facebook.com/socialbutterfliesclub

Inside Out Learners, Inc.

Terrie Livingston, M.Ed.

317 Great Bridge Blvd., Suite I

Chesapeake, VA 23320

(757) 436-2722

Terrie@insideoutlearners.com

<http://www.insideoutlearners.com/>

The Little Gym of Chesapeake

Several Camps Offered

237 Hanbury Road East

Chesapeake, VA 23322

(757) 546-1001

<http://www.thelittlegym.com/chesapeakeva/>

PSA Center for ABA

Kristine Starkey, M.S.Ed

(757) 534-7772

kstarkey@peninsulaschoolforautism.org

Triple-R Ranch Therapeutic Riding Program

Kim Monroe

3531 Bunch Walnut Road

Chesapeake, VA 23322

757-739-5687

3rspecialequestrians@gmail.com

www.triplerranch.org

Untamed Spirit Therapeutic and Educational Program

Barbara Ford, Founder and Executive Director

3943 Dawley Road

Virginia Beach, VA 23457

(757) 288-5999

barb@untamedspirit.org

www.untamedspirit.org

Camp Easter Seals

Easter Seals Virginia

900 Camp Easter Seals Road

New Castle, VA 24127

(540) 777-7325 Ext. 107 (Year-Round)

(540) 864-5750 (open May – August)

www.campeastersealsucp.com/

Camp Virginia Jaycee

P.O. Box 648

Blue Ridge, VA 24064

(540) 947-2972

Contact: Dr. Shirley O'Brien - sobrien54@verizon.net

www.campvajc.org

Scholarship Application - <http://www.peninsulajaycees.com/camp-virginia-jaycee/>

Ability Center of Virginia (formerly Cerebral Palsy of Virginia)

5825 Arrowhead Drive Ste 201

Virginia Beach, VA 23462

(757) 497-7474

<http://www.abilitycenterva.org/summer-camp-enrichment-program.html>

Camp Holiday Trails

400 Holiday Trails Lane

Charlottesville, VA 22903

(434) 977-3781

www.campholidaytrails.org

Camp Horizon

The UP Center

222 West 19th Street

Norfolk, VA 23517

(757) 965-8681

Patricia Coale

Director, Therapeutic Recreation

patricia.coale@theupcenter.org

<https://www.theupcenter.org/how-we-help/disabilities/summer-camp-therapeutic-recreation>

C.A.T.C.H.

Concerned Adults Teaching Children Hope

46 W. Mercury Blvd.

Hampton, VA 23669

(757) 851-0101

<http://www.catch4kids.com/>

Young Life Capernaum-Hampton Roads

113 53rd St, Suite C

Virginia Beach, VA 23451

(804) 380-2330

<http://capernaum-hamptonroads.younglife.org/Pages/default.aspx>

Civitan Acres

Eggleston Services

2210 Cedar Road

Chesapeake, VA 23323-6303

(757) 487-6062

<http://www.egglestonservices.org/civitan-acres/>

Carole and Marcus Weinstein Jewish Community Center

Voices Together Camp

Melissa Bunce

5403 Monument Avenue

Richmond, VA 23226

(804) 545-8658

www.weinsteinjcc.org/summer-camps/voices-together/

Surfer's Healing

(877) 966-SURF

www.surfershealing.org

info@surfershealing.org

Therapeutic Recreation Centers

Summer Camp Programs

Chesapeake

Jessica Smith, CTRC

1224 Progressive Drive, Suite 200

Chesapeake, VA 23320

(757) 382-1328

JBSmith@cityofchesapeake.net

*Suffolk**

Maribel Bracke, CTRS

mbaltazar@suffolkva.us

(757) 514-7264

**Camp Limitless runs Monday-Wednesday (June 26-July 26) from 8 am – 4 pm*

Norfolk

Cathy Orletsky, CTRS

180 E. Evans Street

Norfolk, VA 23503

(757) 441-1764

** Each camp runs for 4 weeks and is Wednesday through Friday from 9am – 4pm.*

Portsmouth

Clarice Chastang, M.S. TRS
Cradock Recreation Center
308 Allen Road
Portsmouth, VA 23701
(757) 393 – 1046
chastangc@portsmouthva.gov

Virginia Beach

Teri Dalone
800 Monmouth Lane
Virginia Beach, VA 23464
(757) 385-5990
<https://www.vbgov.com/government/departments/parks-recreation/programs/Pages/therapeutic-recreation.aspx>

Hampton

3501 Kecoughtan Road
Hampton, VA 22661
(757) 727-1977
<http://www.hampton.gov/1196/Youth-Programs>

Tutoring Services

Educational Coaches

Sue Perry
505 Cedar Road, Suite C
Chesapeake, VA 23322
(757) 407-6199
sperry@educational-coaches.com
www.educational-coaches.com

Inside Out Learners, Inc.

Terrie Livingston, M.Ed.
317 Great Bridge Blvd., Suite I
Chesapeake, VA 23320
(757) 436-2722
Terrie@insideoutlearners.com
<http://www.insideoutlearners.com/>

The Hitching Post Educational Center
Patti Howell
(757) 606-0756
<https://www.facebook.com/THPEdCenter/>

Keystone Education Services
2181 Upton Drive, Ste 418
Virginia Beach, VA 23454
(757) 802-7120
Allison Hess – ahess@keystone-edu.com
www.keystone-edu.com

Butterfly Effects
(888) 880-9270
<http://www.butterflyeffects.com/>

The Learning Resource Center
935 First Colonial Road
Virginia Beach, VA 23454
(757) 428-3367
www.LearningResourceCenter.com

Flying High
In-Home tutoring services available for High-Functioning Autism & Asperger's
Christina Rarick, President
(757) 270-1316
www.flyinghightutoring.com

Autism Tutoring Services
Judy Lambert
1132 Rollingwood Arch
Virginia Beach, VA 23464
(757) 619-0860

Brain Balance Virginia Beach
Tom and Paola Shenk
5286 Fairfield Shopping Center
Virginia Beach, VA 23464
(757) 644-6460
<http://www.brainbalancecenters.com/locations/virginia-beach/>

Vocational Programs, Employment, and Developmental Day Services (Adult)

Community Alternatives, Inc.

863 Glenrock Road, Suite 200

Norfolk, VA 23502

(800) 475-0575

www.comalt.org

Eggleston Services, Inc.

1161 Ingleside Road

Norfolk, VA 23502

(757) 858-8011

Eggleston, Sarah Bonwell Hudgins

51 Battle Road

Hampton, VA 23666

(757) 224-9680

Toll Free (866) 386-GIVE

1-800-722-5831

<http://www.egglestonservices.org>

info@egglestonservices.org

Goodwill

1345 Diamond Springs Road

Virginia Beach, VA 23462

(757)248-9405

www.goodwillvirginia.org

Sugar Plum Bakery, Inc.

1353 Laskin Road

Virginia Beach, VA 23451

(757) 422-3913

www.sugarplumbakery.org

Department of Aging & Rehabilitative Services (DARS)

6340 Center Drive Bldg. 7, Suite 101, Norfolk, VA 23502

3248 Academy Ave, Suite 22-26, Portsmouth, VA 23703
(757) 686-4349 (Lisa Handke – Autism Project)
(757) 451-7101 (South Hampton Roads Field Office)
(757) 865-4863 (Hampton/Newport News Field Office)
(804) 662-7000 (Central Office)
www.vadrs.org

Wilson Workforce and Rehabilitation Center

243 Woodrow Wilson Avenue
Fishersville, VA 22939
(540) 332-7000 – Office
(540) 332-7132 - Fax
www.wwrc.virginia.gov

Pride Industries

6315 N Center Drive # 215
Norfolk, VA 23502-4006
(757) 455-0087
www.prideindustries.com

SkillQuest Day Support Programs

Virginia Beach DHS DS Division

400 Investors Place

Virginia Beach, VA 23452

(757) 385-4040

(757) 385-0600

<http://www.vbgov.com/government/departments/human-services/your-dhs/pages/skillquest.aspx>

***Virginia Independence Training
Organization (VITO)***

Westgate Center

2428 Alameda Avenue, Suite 162

Norfolk, VA 23513

(757) 965-9234

www.vitoinc.org

Youth Career Center of Hampton Roads

(Located Inside Pembroke Mall)

4554 Virginia Beach Blvd., Suite 990

Virginia Beach, VA 23462

(757) 233-8686

<http://myyouthcareercenter.org/>

Youth Career Café

(Located Inside Patrick Henry Mall)

12300 Jefferson Avenue, Suite 907

Newport News, VA 23602

(757) 249-2104

<http://youthcareercafe.com/>

Chesapeake Service Systems (CSS)

1100 Executive Boulevard

Chesapeake, VA 23320

(757) 312-0456

<http://css-online.org/>

PORTCO, Inc.

800 Loudoun Avenue

Portsmouth, VA 23707

(757) 399-2444

www.portco.org

Sara's Mentoring Center, Inc.

517 Central Drive

Virginia Beach, VA 23454

(757) 498-9628

<http://sarasmentoringcenter.org/>

The Foodbank of Southern Virginia

Volunteer Opportunities Available

800 Tidewater Drive

Norfolk, VA 23504

(757) 627-6599

www.foodbankonline.org

Society for the Prevention of Cruelty to Animals (SPCA)

Volunteer Opportunities Available

Contact Your Local SPCA Location for More Information