



Autism Society - Tidewater Chapter Resource Directory

Adult Services

Independence Center
6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 461-8007
www.endependence.org

Hope House Foundation
801 Boush Street
Norfolk, VA 23510
(757) 625-6161
www.hope-house.org

Grafton (Adult and Residential Care)
120 Bellview Avenue
Winchester, VA 22601
(540) 542-0200
1-888-955-5205
www.grafton.org

Department of Human Services
3432 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 437-3200
www.dss.virginia.gov

CommonWealth Autism Services
2201 West Broad Street Ste 107
Richmond, VA 23220
1-800-649-8481

(804) 355-0300
www.autismva.org/adult_services.php

Department of Rehabilitative Services
8004 Franklin Farms Drive
Richmond, VA 23229
1-800-552-5019
(804) 662-7000
www.vadrs.org

Chimes Virginia
3951 Pender Drive Ste120
Fairfax, VA 22030
1-888-244-6374
(703) 267-6558
www.chimes.org

Richmond House
5302 Fitzhugh Avenue
Richmond, VA 23226
(804) 288-3122
www.richmondhouse.org

Adult Day Services of South Richmond
6201 Midlothian Turnpike
Richmond, VA 23225
(804) 674-1600

River City Residences, LLC
10201 Duryea Drive
Richmond, VA 23235
(804) 323-5959

Driver Rehabilitation of Hampton Roads Inc.
Training for Disabled Adults/Teens
Karl Hoffman, OTR/L, CDRS, CDI
11847 Canon Blvd Ste 11
Newport News, VA 23606

Advocates

Advocating 4 Kids LLC
Cheryl Poe, Founder
Judy Fischer, Intake Specialist
(757) 431-1251
www.advocate4kids.org

Endeppendence Center
Cheryl Ward, Education Advocacy
6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 461-8007
www.endeppendence.org

The Learning Resource Center
909 First Colonial Road
Virginia Beach, VA 23454
(757) 428-3367
learningresourcecenter.net

PEATC (Parent Educational Advocacy Training Center)
100 North Washington Street Ste 234
Falls Church, VA 22046
(703) 923-0010
1-800-869-6782
www.peatc.org

Virginia Association of Personal Care Assistants
1716 East Franklin Street Ste 200
Richmond, VA 23223
1-800-893-8343
www.virginiapca.org

Special Education Consultants
Terese Toth, M.Ed.
(757) 724-2761
www.helpingexceptionalchildren.com

Facilitating Advocacy for Children's Educational Services
Student Services LLC
Gail Jeffrey
P.O. Box 7783
Hampton, VA 23666
(757) 715-0643

Independence Child Therapy Services, LLC
Linda Bourdon, Ed.D.
Licensed School Psychologist
P.O. Box 55145
Virginia Beach, VA 23471
(757) 460-2057
www.independencechildtherapy.com

Nancy Hamlin, M.S. Ed.
Educational Consultant
1020 Independence Blvd, Ste 204
Virginia Beach, VA 23455
(757) 640-1882

Alternative Educational Programs

Southeastern Cooperative Educational Programs (SECEP)
6160 Kempsville Circle Ste 300B
Norfolk, VA 23502
(757) 892-6100
www.secep.net

Rivers Bend Academy
156 Burnetts Way
Suffolk, VA 23434
(757) 934-6470
www.riversbendacademy.com

Linkhorn Academy
909 First Colonial Road

Virginia Beach, VA 23454
(757) 428-3367

Rivermont School – Tidewater
5163 Cleveland Street
Virginia Beach, VA 23462
(757) 497-4703

Chesapeake Bay Academy
821 Baker Road
Virginia Beach, VA 23462
(757) 497-6200
www.cba-va.org

Crawford Day School
825 Crawford Parkway
Portsmouth, VA 23704
(757) 393-0061

The Faison School for Autism
Affiliated with the Autism Center of Virginia at VCU
1701 Byrd Avenue
Richmond, VA 23230
(804) 612-1947
www.thefaisonschool.org

Mariposa School
203 Gregson Drive
Cary, NC 27511
(919) 461-0600
www.mariposaschool.org

Applied Behavioral Analysis

Behavioral Interventions, Trainings and Evaluations
MiMi Sedjat
2108 Thoroughgood Lane
Virginia Beach, VA 23455

(757) 416-5325

Autism Consulting and Therapy, LLC (ACT)
Rebecca Ruppel, MAT, BCBA
4520 Holland Office Park
Suite 415
Virginia Beach, VA 23452
(757) 639-2218
www.hr-act.com

Navigation Behavioral Consulting
Megan DeLeon, M.S., BCBA
(850) 348-5724
www.navigationbehavioralconsulting.com

Reaching Potentials, Inc.
1602 William Street, Upper Floor
Fredericksburg, VA 22401
(540) 368-8087
www.reachingpotentials.org

Dower and Associates, Inc.
Nikia Dower, MS, CCC-SLP/L, BCBA
9845 Business Way
Manassas, VA 20110
(703) 618-2272 (business cell)
www.dowerandassociates.com

Mea'Alofa Autism Support Center
Kerith Peko, Executive Director
4016 Raintree Road Ste 220B
Chesapeake, VA 23321
(757) 465-3933
www.learnwithmasc.org

Step by Step Consulting
Wendy Fitch, BCBA, Director
156 Burnetts Way
Suffolk, VA 23434

(757) 934-6470
www.stepbystepconsulting.org

B.E.S.T. Services, Inc.
Norah Wilson, Psy.D., BCBA-D, Director
(757) 971-3724
www.bestautismservices.com

Paradigm Pathway Consulting
G. Maria Hill, Ed.D, BCBA-D
(757) 286-2786
(757) 966-7812 (fax)
<http://paradigmpathwayconsulting.com>

Lutheran Family Services of Virginia Inc.,
Contact: Theresa C. Murch, MS, LPC
Lead Services Manager, Home-Based
757-722-4707 ext. 156
www.lfsva.org

Elizabeth M. Gilmore M.Ed., BCBA
EMG Consulting
Virginia Beach, VA
Phone 757-615-3003
Fax 757-474-0987

Priorities ABA, PLLC
Winterville, NC
(252) 341-4192
www.prioritiesaba.com

Vincent J. Carbone
614 Corporate Way Ste 1
Valley Cottage, NY 10989

(845) 267-0920
www.drcarbhone.net

Assistive Technology Supports

NewWell Fund
1602 Rolling Hills Drive
Richmond, VA 23229
1-866-835-5976 (toll free)
(804) 662-9000
www.atfla.org

Rehab Health Care
5873 Poplar Hall Drive
Norfolk, VA 23502
(757) 466-1553 (equipment & supplies)

Enabling Devices
385 Warburton Avenue
Hastings-on-Hudson, NY 10706
1-800-832-8697
www.enablingdevices.com

Tidewater Center for Technology
1413 Laskin Road
Virginia Beach, VA 23451
(757) 263-2829 or 437-6542

Vital Sounds
P.O. Box 46344
Madison, WI 53744
(608) 278-9330
www.vitalsounds.com

Affordable Therapy Solutions
Amanda Shurrab, Owner
15572 West Evans Drive
Surprise, AZ 85379
(602) 363-9754
www.affordabletherapysolutions.com

Department of Rehabilitative Services
8004 Franklin Farms Drive
Richmond, VA 23229
1-800-552-5019
(804) 662-7000
www.vadrs.org

Hampton Roads Mobility, Inc.
550 B. Rotary Street
Hampton, VA 23661
(757) 848-5884
hamptonroadsmobility.net

Silver Kite
2143 TR112
Millersburg, OH 44654
1-800-382-9622
(330) 674-6722
www.silver-kite.com

Attorneys, Special Education

Malcolm Higgins
607 Lynnhaven Parkway Ste 109
Virginia Beach, VA 23452
(757) 463-9000

Virginia Office of Protection and Advocacy
1910 Byrd Avenue Ste 205
Richmond, VA 23230
1-800-552-3962
(804) 225-2042
www.vopa.state.us

Legal Aid Society of Eastern Virginia
Administrative Office
125 St Paul's Blvd Ste 400
Norfolk, VA 23510

Auditory Training

Alternative Resource Center (ARC) for Student Wellness
204 Golden Maple Drive
Chesapeake, VA 23322
(757) 410-3275
www.arcsww.org

Eastern Auditory Retraining Services
Eve Poteet
(757) 373-7102
www.earsait.com

Therapeutic Listening
1-888-850-9157
www.helpingyourchild.com/therapeuticlistening.html

Behavioral Intervention

Behavioral Interventions, Trainings and Evaluations
MiMi Sedjat
2108 Thoroughgood Lane
Virginia Beach, VA 23455
(757) 416-5325

Learning Solutions Consulting, Inc.
Charlene Wentland, Director
517 Bridge Wood Drive
Yorktown, VA 23693
(757) 817-7125

Independence Child Therapy Services, LLC
Linda Bourdon, Ed.D.
Licensed School Psychologist
P.O. Box 55145
Virginia Beach, VA 23471
(757) 460-2057
www.independencechildtherapy.com

Southeastern Skill Builders
4509 Colley Avenue
Norfolk, VA 23508
(757) 749-2207
www.southeasternskillbuilders.com

Community Services Board MR Services (includes Autism)

Virginia Beach
Robert R. Morin, Executive Director
3432 Virginia Beach Blvd Ste 342
Virginia Beach, VA 23452
(757) 437-3608 (Main Office)

Chesapeake
Joseph J. Scislowcz, Executive Director

224 Great Bridge Blvd
Chesapeake, VA 23320
(757) 547-9334 (Main Office)

Norfolk
Maureen D. Womack, Ed.D, Executive Director
225 West Olney Road
Norfolk, VA 23510
(757) 823-1600 (Main Office)
www.norfolkcsb.org

Portsmouth
Mr. William H. Park, Executive Director
600 Dinwiddie Street
Portsmouth, VA 23704
(757) 393-8618 (Main Office)

Suffolk
Demetrios N. Peratsakis, Executive Director
5268 Godwin Blvd
Suffolk, VA 23434
(757) 255-7126 (Main Office)

Counseling Services

Children First
Dr. Bethany Marcus
633 Rosaer Lane
Virginia Beach, VA 23464
(757) 366-9338

Pendleton Child Service Center
2473 North Landing Road
Municipal Center, Bldg 23-A
Virginia Beach, VA 23456
(757) 385-4537
www.vbgov.com

The UP Center
222 West 19th Street
Norfolk, VA 23517
(757) 622-7017
www.theupcenter.org

Lutheran Family Services of Virginia
130 Research Drive Ste 300
Hampton, VA 23666
(757) 722-4707
www.lfsva.org

Eden Family Institute
184 Business Park Drive Ste 200
Virginia Beach, VA 23462
(757) 466-3336
www.edencounseling.com

Sibshops at CHKD
Gail Cervarich, LCSW
(757) 688-7646
<http://www.chkd.org/Classes/Default.aspx>

Independence Child Therapy Services, LLC
Linda Bourdon, Ed.D.
Licensed School Psychologist
P.O. Box 55145
Virginia Beach, VA 23471
(757) 460-2057
www.independencechildtherapy.com

Agape Counseling & Therapeutic Services, Inc.
www.agapeservicesva.com

Norfolk:
5900 E Virginia Beach Blvd
Norfolk, VA 23502
(757) 862-2218

Hampton:

12 Salter's Creek Road
Hampton, VA 23661
(757) 244-3500

Center for Child & Family Services, Inc.
2021 Cunningham Drive Ste 400
Hampton, VA 23666
(757) 838-1960

Defeat Autism Now (DAN Protocol)/ Preventive Medicine

Pediatric & Adolescent Ability Center
Mary Megson, M.D.
7229 Forest Avenue Ste 211
Richmond, VA 23226
(804) 673-9128
www.megson.com

Princess Anne Medical Associates
Eric M. Madren, M.D., Family Physician
1925 Glenn Mitchell Drive Ste 100
Virginia Beach, VA 23456
(757) 689-8430
www.bayviewphysicians.com

Dr. Joseph Marcil
Onelife Fitness
3809 Princess Anne Road
Virginia Beach, VA 23456
(757) 471-2800

Dr. Margaret Gennaro
Neck, Back, and Beyond
10560 Main Street
Fairfax, VA 22030
(703) 865-5692
Email: drgennaro@webtv.net

Dental Health

Pediatric Dentistry
Allan C. Sundin, DDS, MS
H. Bobby Garofalis, DDS
Steve T. Bullock, DDS
www.drsundinmiles.com

Locations:
1385 Laskin Road
Virginia Beach, VA 23451
(757) 425-1547

2107 Hartford Road
Hampton, VA 23666
(757) 838-0800

Drs. Hechtokopf & Cox
Rose Hall Professional Centre
3145 Virginia Beach Blvd Ste 200
Virginia Beach, VA 23452
(757) 340-2400
www.beachpediatricdentist.com

Children's Dentistry & Orthodontics
Drs. Levin, Barney, Hasty, and Rosenblum
www.wemakesmilesva.com

Locations:
Great Neck
1368 North Great Neck Road
Virginia Beach, VA 23454
(757) 496-8300

Kempsville
1055 Kempsville Road
Virginia Beach, VA 23464
(757) 474-1200

Pembroke

4169 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 486-2525

Chesapeake
905 North Battlefield Blvd
Chesapeake, VA 23320
(757) 548-3030

Randy J. Eberly, DMD
801 West Little Creek Road Ste 101
Norfolk, VA 23505
(757) 423-3029
www.dreberly.com

Hamlin and Morgan Dental
Christopher Hamlin, DDS
Pamela A. Morgan, DDS, MS
1806 Hampton Blvd
Norfolk, VA 23517
(757) 627-7550
drshamlinandmorgan.com

Townsend Brown, Jr., DDS, PC
Pediatric Dentistry
1300 Kempsville Road Ste 5
Virginia Beach, VA 23464
(757) 467-7797
www.vbkidsdds.com

LWS&S Family Dentistry
Lee Weinstein, DDS
Kimbrough Hornsby, DDS
www.lwssfamlydentistry.com

Locations:
300 East Little Creek Road
Norfolk, VA 23505
(757) 587-6453

904 Kempsville Road
Virginia Beach, VA 23464
(757) 467-6453

1157 First Colonial Road
Virginia Beach, VA 23454
(757) 412-1114

1230 Progressive Drive
Chesapeake, VA 23320
(757) 436-1270

Evelyn Luma, DDS
Gentle Family and Cosmetic Dentistry
1248 Gunn Hall Drive Ste 101
Virginia Beach, VA 23454
(757) 430-2600

Division of Dental Health
Virginia Department of Health
109 Governor Street
Richmond, VA 23219
www.vahealth.org/dental/ - list of dentists for special needs

Developmental Medicine

Dr. Frank Aiello, III, M.D.
Children's Hospital of the King's Daughters (CHKD)
601 Children's Lane
Norfolk, VA 23507
(757) 668-7473
www.chkd.org

Dr. Thomas Montgomery
Children's Hospital of the King's Daughters (CHKD)
2021 Concert Drive Ste 203
Virginia Beach, VA 23456
(757) 668-2840
www.chkd.org

Dietary Needs

Navan Foods
4312 Holland Road Ste 115
Virginia Beach, VA 23452
(757) 965-5422
www.navanfoods.com

Disability Services Boards – Service Referrals

The ARC of Virginia
Jamie Trosclair, Executive Director
2025 East Main Street Ste 107
Richmond, VA 23223
(804) 649-8481
www.arcofva.org

Virginia Board for People with Disabilities
1100 Bank Street, 7th Floor
Richmond, VA 23219
1-800-846-4464
(804) 786-0016
www.vaboard.org

Department of Medical Assistance Services
600 East Broad Street
Richmond, VA 23219
(804) 786-7933
www.dmas.virginia.gov

Early Intervention

Infant & Toddler Connection of Virginia
Mary Ann Discenza, Coordinator
1220 Bank Street, 9th Floor
P.O. Box 1797
Richmond, Virginia 23219-1797

(804) 371-6592

www.infantva.org

Locations:

Norfolk

6411 Tidewater Drive

Norfolk, VA 23509

(757) 441-1186

Chesapeake

224 Great Bridge Blvd

Chesapeake, VA 23320

(757) 547-8929

Virginia Beach

2307 Millwood Road

Virginia Beach, VA 23454

(757) 385-4425

Portsmouth

300 PortCentre Parkway Ste 103

Portsmouth, VA 23704

(757) 393-8321

Norfolk Developmental Services

225 West Olney Road

Norfolk, VA 23510

(757) 823-1600

www.norfolkcsb.org

Virginia Beach Developmental Services

297 Independence Blvd

Pembroke 6 Ste 218

Virginia Beach, VA 23462

(757) 385-0600

Chesapeake Intellectual Disabilities Services

224 Great Bridge Blvd

Chesapeake, VA 23320

(757) 547-8902

Suffolk Early Childhood Development Commission
Brenda M. O'Donnell, Coordinator
(757) 514-7457

Suffolk Children's Center
300 Executive Court
Suffolk, VA 23434
(757) 538-2523
www.thechildrenscenter.cc

Center for Developmental Differences
Judit Roth, President
Loehmann's Plaza Suite 136
4000 Virginia Beach Blvd
Virginia Beach, VA 23452
(757) 486-0585
www.cdd-site.org

Financial Planning

Northwestern Mutual Financial Network
Jessica M. Butcher/ Adam M. Green
227 Bendix Road Ste 450
Virginia Beach, VA 23452
(757) 476-6734

METLife
Vickey Heckert
4460 Corporation Lane Ste 130
Virginia Beach, VA 23462
(757) 382-4133

METLife
Gregory F. Earwood
501 Wythe Creek Road Ste 206
Poquoson, VA 23662
(757) 868-7130

Liberty National Life Insurance
Jeffrey A Seddon
281 Independence Blvd Ste 216
Virginia Beach, VA 23462
(757) 490-5926

CommonWealth Community Trust
P.O. Box 29408
Richmond, VA 23242
1-888-241-6039
(804) 740-6930
www.commonwealthcommunitytrust.org

Personal Support Network
98 North Washington Street Ste 234
Falls Church, VA 22046
(703) 532-3303

The Prudential Insurance Company of America
Harrison P. Bresee, III
Financial Services Associate
4732 Longhill Road Ste 2102
Williamsburg, VA 23188
(757) 871-2245
www.prudential.com/us/harrison.bresee

Virginia Beach Community Trust
c/o Mental Retardation/ Developmental Disabilities
297 Independence Blvd
Pembroke 6 Ste 218
Virginia Beach, VA 23462
(757) 473-5223

Beach Financial Advisory Service
Ron Pearson
6204 Ocean Front Avenue
Virginia Beach, VA 23451
(757) 428-6634

www.beachfas.com

Oast & Hook Attorneys
Special Needs Planning

www.oasthook.com/special_needs_planning.php

Locations:

Portsmouth

TowneBank Building

200 High Street Ste 402

Portsmouth, VA 23704

(757) 399-7506

Virginia Beach

295 Bendix Road Ste 170

Virginia Beach, VA 23452

(757) 399-7506

Elizabeth City

101 East Elizabeth Street

Elizabeth City, NC 27909

(252) 722-2890

Cox and Cox Attorneys

Lynnhaven Station Building Ste 105

101 North Lynnhaven Road

Virginia Beach, VA 23452

(757) 486-4650

www.coxandcox.com

Forums, Meetings, and Parent Support Groups

Faith Inclusion Network of South Hampton Roads

Karen Jackson, Director

www.faithinclusionnetwork.org

Hope & Happiness

Lynn Pratt

3104 Clay Hill Road

Suffolk, VA 23434

(757) 986-3353
Email: lynnsuffolk@aol.com

Parents of Children with Special Needs
CHKD Care Connections for Children
JoAnna Bryant, Coordinator
(757) 461-4474

Friday Night Friends
F.A.C.T.
Social Group for High-Functioning Teens
(757) 422-2040
Email: pam4fact@peoplepc.com

Autism Fellowship
www.autismfellowship.com

GRASP (Global and Regional Asperger Syndrome Partnership)
www.grasp.org/res_sg_VB.htm

SMART One, Inc.
787 Wilderness Way
Newport News, VA 23608
(757) 746-2103
www.smartoneinc.net

Hampton Roads Parenting Education Network (HRPen)
Southside – (757) 668-7402
Peninsula – (757) 727-1300
www.chkd.org/Services/HRPEN

Food Allergy Support Group of Tidewater
www.fasgot.com

www.Autisable.com
Real Blogs from People Tackling the Puzzle of Autism

shesmorethanonenumber.blogspot.com

Blogs from a young lady on the Autism Spectrum

Facebook Groups:

Spectrum Parents

<http://www.facebook.com/#!/groups/spectrumparents/>

Virginia Beach Homeschoolers

<http://www.facebook.com/#!/groups/VABHA/>

The Multiple Autism Network

<http://www.facebook.com/#!/groups/themultipleautismnetwork/>

Meetup Groups:

Autism Society, Tidewater Virginia Meetup Group

<http://www.meetup.com/tidewater-autism/>

Asperger's/ASD Support TEAM of Tidewater

<http://www.meetup.com/Tidewater-Aspergers-TEAM/>

Hampton Roads Parents of Children with Autism

<http://www.meetup.com/Hampton-Roads-Parents-of-Children-with-Autism/profile/>

Autism Resource Connection

<http://www.meetup.com/AutismResourceKinnection/>

Guardianship Assistance/ Estate Planning

Guardianship = G Estate Planning = EP Trust Counseling = TC

Virginia Guardianship Association (G)

Post Office Box 6357

Newport News, VA 23606

(804) 261-4046

www.vgavirginia.org

Leigh Anne Bowling, JD, LLM (G, EP, TC)

Law Office of Leigh Anne Bowling, JD, LLM, PC

1604 Hilltop West Executive Center, Ste 319
Virginia Beach, VA 23451
(757) 227-5426
www.bowlinglawfirm.com

Rack & Olansen, P.C. (G, EP, TC)
Kevin Rack
Nathan Olansen
249 Central Park Avenue, Ste 200
Virginia Beach, VA 23462
(757) 605-5000
www.racklaw.com

Wolcott, Rivers, Gates (G, EP, TC)
M. Powell Peters
Charles Arthur Robinson
301 Bendix Road, Ste 500
Virginia Beach, VA 23452
(757) 644-4203
www.wolcottriversgates.com

Midgett & Preti PC (G, EP, TC)
477 Viking Drive, Ste 430
Virginia Beach, VA 23452
(757) 687-8888
www.midgettpreti.com

Joseph A. Di Julio (EP, TC)
Williams Mullen Law Firm
222 Central Park Avenue, Ste 1700
Virginia Beach, VA 23462
(757) 499-8800
www.williamsmullen.com/jdijulio/

Local Related Agencies

Endeppendence Center

6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 461-8007

www.endependence.org

Cerebral Palsy of Virginia
5825 Arrowhead Drive, Suite 201
Virginia Beach, VA 23462
Phone: (757) 497-7474
www.cerebralpalsyofvirginia.org

Down Syndrome Association of Hampton Roads
Endependence Center
6300 East Virginia Beach Blvd
Norfolk, VA 23502
(757) 466-3696
www.dsahr.org

Families of Autistic Children of Tidewater (FACT)
(757) 422-2040
www.camp4autism.org

Special Needs Assistance Program for Children
(757) 440-5254
www.snap4kids.org

Family Services of Tidewater, Inc.
222 West 19th Street
Norfolk, VA 23517
(757) 622-7017

Carpe Diem Children's Services of Hampton Roads
3500 Tejo Lane Ste 105
Chesapeake, VA 23321
(757) 638-5500
www.carpediemofva.com

Tidewater Child Development Services
830 Southampton Avenue Ste 2093

Norfolk, VA 23510
(757) 683-8770
www.norfolk.gov/pub_health/ChildServices.asp

Virginia Autism Project
www.virginiaautismproject.com

Virginia Board for People with Disabilities
Washington Building
1100 Bank Street 7th Floor
Richmond, VA 23219
(804) 786-0016
1-800-846-4464
www.vaboard.org

Military Resources and Services

Fleet & Family Support Center of Hampton Roads
1-800-372-5463
(757) 444-NAVY
www.CNIC.navy.mil/navylifeMA

Locations:

Norfolk Naval Station
7928 14th Street Ste 102
Norfolk, VA 23505
(757) 444-2102

Little Creek Naval Air Base & Fort Story
1450 D Street
Norfolk, VA 23521
(757) 462-7563

Oceana Naval Air Station
1896 Laser Road Ste 120
Virginia Beach, VA 23460
(757) 433-2912

Dam Neck Annex

2073 Tartar Avenue Bldg 585
Virginia Beach, VA 23454
(757) 492-6342

Northwest Annex Naval Support Activity
4504 Relay Road Bldg 374
Chesapeake, VA 23322
(757) 421-8770

Yorktown Naval Weapons Station
1949 Von Steuben Drive
Newport News, VA 23603
(757) 887-4606

Newport News Shipyard
3101 Washington Avenue
Newport News, VA 23607
(757) 688-6289

Portsmouth Naval Medical Center
620 John Paul Jones Circle Bldg 249
Portsmouth, VA 23708
(757) 953-7801

Air Force – Langley Air Force Base
Special Needs Identification Program (formerly EFMP)
(757) 225-5950

Langley Airman & Family Readiness Center
45 Nealy Avenue, Suite 100
Langley AFB, VA 23665
(757) 764-3990

Navy Exceptional Family Member Program (EFMP)
Portsmouth Naval Medical Center EFMP Office
(757) 953-5833
www.npc.navy.mil/CommandSupport/ExceptionalFamilyMember/

Marine Corps Exceptional Family Member Program

Marine Corps Community Services
HQ MCCDC, 3019 Embry Loop
Quantico, VA 22134-5012
(703) 784-2172

Army Exceptional Family Member Program
McDonald Army Community Hospital
Jefferson Avenue, Bldg 576
Fort Eustis, VA 23604
(757) 314-7500

Coast Guard Portsmouth Special Needs Program
4000 Coast Guard Blvd
Portsmouth, VA 23703
Family Advocacy Specialists
Aretha Thomas
(757) 686-4036

Lilly Cockrill
(757) 686-4027

Exceptional Family Member Program Support Group
(Norfolk/ Virginia Beach)
Ladene Suggs
(757) 460-1236
Email: nadine244@juno.com

TRICARE North Region
1-877-874-2273 (1-877-TRICARE)
www.mytricare.com

National

ADA Information Center
451 Hungerford Drive Ste 700
Rockville, MD 20850
1-800-949-4232
(301) 217-0124
www.adainfo.org

Autism Society (National Location)
4340 East-West Highway Ste 350
Bethesda, MD 20814
1-800-3AUTISM (1-800-328-8476)
(301) 657-0881
www.autism-society.org

National Autism Center
41 Pacella Park Drive
Randolph, MA 02368
1-877-313-3833
www.nationalautismcenter.org

Autism Speaks
www.autismspeaks.org

National Rehabilitation Information Center (NARIC)
8201 Corporate Drive Ste 600
Landover, MD 20785
1-800-346-2742
(301) 459-5900
www.naric.com

Families for Early Autism Treatment
www.feet.org

Unlocking Autism
1-866-366-3361
www.unlockingautism.org

National Dissemination Center for Children with Disabilities (NICHCY)
1825 Connecticut Avenue NW Ste 700
Washington, DC 20009
1-800-695-0285
(202) 884-8200
www.nichcy.org

Organization for Autism Research (OAR)
2000 North 14th Street Ste 710

Arlington, VA 22201
(703) 243-9710
www.researchautism.org

Autism Research Institute
4182 Adams Avenue
San Diego, CA 92116
1-866-366-3361
www.autism.com

Neurologists

Child & Adolescent Neurology
Neuro-Developmental Center
850 Southampton Avenue
Norfolk, VA 23510
(757) 668-9920
(757) 961-0169
www.chkd.org

Occupational Therapists / Physical Therapists

Children's Hospital of the King's Daughters (CHKD)
601 Children's Lane
Norfolk, VA 23507
(757) 668-7083
www.chkd.org/Services/PTOTST/

Rehabilitation Associates, P.C.
4560 South Boulevard
Virginia Beach, VA 23452
(757) 490-3223
www.rehabilitationassociates.com

PhysioTherapy Associates
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3954

www.physiocorp.com

Dianne D. Epplein & Associates
818 Newtown Road
Virginia Beach, VA 23462
(757) 473-8016
ddepediatrictherapy.com

Dominion Physical Therapy & Associates, Inc.
729 Thimble Shoals Blvd Ste 4-C
Newport News, VA 23606
(757) 873-2932

Southeastern Physical Therapy
www.southeasternpt.com

Locations:

1557 First Colonial Road, Ste 201
Virginia Beach, VA 23454
(757) 481-0052

5301 Providence Road, Ste 80
Virginia Beach, VA 23464
(757) 467-4604

2020 General Booth Blvd, Ste 120
Virginia Beach, VA 23454
(757) 467-5505

Physical Therapy Works for Kids

www.ptworks.net

Locations:

2007 Meade Parkway
Suffolk, VA 23434
(757) 539-6300

1250 Smithfield Plaza
Smithfield, VA 23430
(757) 357-6869

1931 Holland Road
Suffolk, VA 23434
(757) 925-4500

Tidewater Therapy for Children
4016 Raintree Road, Ste 240
Virginia Beach, VA 23321
(757) 488-2864

Fingertips
Therapy Choice OT
1537 First Colonial Parkway, Suite 301
Virginia Beach, VA 23454
www.tharpychoiceot.net

Coastal Rehab
101 Medical Drive
Elizabeth City, NC 27909
(252) 338-2114
coastalrehabnc.com

Ophthalmologists

Griffey & Whitelock Eye Specialists
Chesapeake Eye Physicians, PLC
508 Baylor Court Ste C
Chesapeake, VA 23320
(757) 410-9500
www.griffey2020.com

Virginia Pediatric Eye Center
Dr. Earl Crouch Jr., M.D., F.A.C.S.
880 Kempsville Road
Norfolk, VA 23502
(757) 461-0050
www.virginiapediatricseye.com

Dr. Joel N. Zaba
281 Independence Blvd
Virginia Beach, VA 23462
(757) 497-9575

Dr. Joel Lall-Trail
885 Kempsville Road
Norfolk, VA 23502
(757) 461-1444
(757) 461-3106

Developmental Vision Care, P.C.
Kenneth R. Westcott, O.D.
1417 North Battlefield Blvd Ste 170
Chesapeake, VA 23320
(757) 410-3005
www.d-visioncare.com

Psychiatrists/Psychologist

Eastern Virginia Medical School
Department of Psychiatry and Behavioral Sciences
ASD Program for Older Adolescents and Young Adults
Hofheimer Hall, Suite 710
825 Fairfax Avenue
Norfolk, VA 23507
(757) 446-5888
www.evms.edu

Dominion Psychiatric
2580 Potters Road
Virginia Beach, VA 23452
(757) 498-9391
www.dominionpsych.com

Spectrum Psychological Services
Carl R. Ellis, Ed.D.
1020 Independence Blvd Ste 204

Virginia Beach, VA 23455
(757) 640-1882

Community Psychological Resources
Margaret McDowell
249 West York Street
Norfolk, VA 23510
(757) 622-6794

Dr. Peter Dozier, M.D.
Division of Child Psychiatry CHKD
601 Children's Lane
Norfolk, VA 23507
(757) 668-8866

Dr. Kathrin Hartmann, PhD
Associate Professor and Clinical Psychologist
EVMS Health Services
Department of Psychiatry and Behavioral Sciences
825 Fairfax Avenue
Hofheimer Hall, 7th Floor
Norfolk, VA 23507
(757) 446-5888
www.evmshealthservices.org

Independence Child Therapy Services, LLC
Linda Bourdon, Ed.D.
Licensed School Psychologist
P.O. Box 55145
Virginia Beach, VA 23471
(757) 460-2057
www.independencechildtherapy.com

Hampton Roads Neuropsychology
hamptonroadspychology.com
Locations:
780 Lynnhaven Road, Ste 340
Virginia Beach, VA 23452
(757) 498-9585

739 Thimble Shoals Blvd, Ste 704
Newport News, VA 23606
(757) 498-9585

Public School Parent Resource Centers

Virginia Beach Public Schools
Laskin Road Annex
1413 Laskin Road
Virginia Beach, VA 23451
(757) 263-2066

Chesapeake Public Schools
Parent Resource Center
369 South Battlefield Blvd
Chesapeake, VA 23322
(757) 482-5923

Norfolk Public Schools
Parent Resource Center
132 North Military Highway
Norfolk, VA 23502
(757) 892-3385 ext. 3408

Portsmouth Public Schools
Parent Resource Center
401 West Road
Portsmouth, VA 23707
(757) 393-8791

Suffolk Public Schools
Parent Resource Center
2316 William Reid Drive
Suffolk, VA 23434
(757) 934-6202

Virginia Department of Education Parent Resource Center (VDOE)
Sandra Peterson
1-800-422-2083

Respite Care/Childcare Referral

Babysitease
(757) 689-8748
www.babysitease.com
1/2 price for ASA families

Care.Com, Inc.
1-877-227-3115
201 Jones Road, Suite 500
Waltham, MA 02451
www.care.com

NACCRRRA Child Care Referral Services
3101 Wilson Blvd Ste 350
Arlington, VA 22201
(703) 341-4100
www.naccrra.org

Children's Advocacy & Services Group, LLC
Center Based After School/Weekends Respite Care
757-376-3147
www.childensadvocacyandservicesgroup.com

Safety and Tracking Devices

Project Lifesaver International (Check website for further city listings)
www.projectlifesaver.org

Project Lifesaver Chesapeake
815 Battlefield Blvd South
Chesapeake, VA 23322
(757) 546-5502
www.projectlifesaver.org

Project Lifesaver Norfolk

811 E. City Hall Ave.
Norfolk, VA 23510
(757) 328-2485
www.projectlifesaver.org

Project Lifesaver Portsmouth
Community Services Division
Portsmouth Sheriff's Office
701 Crawford Street
Portsmouth, VA 23704
(757) 686-2566
Sgt Teresa Faesi
(757) 391-3202
Deputy Larry Compton
(757) 686-2565
www.projectlifesaver.org

Project Lifesaver Virginia Beach
MPO Allen Perry
City of Virginia Beach
Police Department Third Precinct
926 Independence Blvd.
Virginia Beach, VA 23455
alperry@vbgov.com
757-385-2804
www.VirginiaBeachProjectlifesaver.com

MedicAlert
2323 Colorado Avenue
Turlock, CA 95382
1-888-633-4298
www.medicalert.org

IonKids
2306 Masonwood Way

Round Rock, TX 78681
1-888-846-6543
www.ion-kids.com

Computer Aided Dispatch System (911 Registry)
Virginia Beach – M.P.O. S.L. Wichtendahl
(757) 437-7656

Hampton Roads Medical Needs Registry
Emergency Preparedness Tool
Hampton Roads Planning District Commission (HRPDC)
723 Woodlake Drive
Chesapeake, VA 23320
(757) 420-8300
specialneeds@hrpdcva.gov
www.hrspecialneeds.org

Secondary Educational Programs (Adults)

Tidewater Community College
Disability Services (college-wide)
Linda Harris
315 Granby Street
Norfolk, VA 23510
(757) 822-1213
www.tcc.edu

College Living Experience, Inc.
National Admissions
7150 Columbia Gateway Ste J
Columbia, MD 21046
1-800-486-5058
www.CLEinc.net

Marshall University
West Virginia Autism Training Center
One John Marshall Drive Ste 316

College of Education & Human Services
Huntington, WV 25755
(304) 696-2332
www.marshall.edu/coe/atc

Social Services & Social Security

Chesapeake Department of Social Services
Doris Palacios, Director
100 Outlaw Street
Chesapeake, VA 23320
(757) 382-2000

Norfolk Department of Human Services
Thomas Pristow, Director
Franklin Building
741 Monticello Avenue
Norfolk, VA 23510
(757) 664-6000

Portsmouth Department of Social Services
Reynold W. Jordon, Director
1701 High Street Ste 101
Portsmouth, VA 23704
(757) 405-1800

Suffolk Department of Social Services
Leonard Horton, Director
135 Hall Avenue Ste B
Suffolk, VA 23434
(757) 514-7450

Virginia Beach Department of Human Services
Robert R. Morin, Jr., Director
3432 Virginia Beach Blvd Ste 342
Virginia Beach, VA 23452
(757) 437-3200

Social Security Administration Offices
1-800-772-1213

Norfolk & Chesapeake
5850 Lake Herbert Drive
Norfolk, VA 23502

Virginia Beach
Suite 100
2875 Sabre Street
Virginia Beach, VA 23452

Portsmouth
3305 Airline Blvd
Portsmouth, VA 23701

Suffolk
502 Hillpoint Blvd
Suffolk, VA 23434

Social Skills Therapy

Social Butterflies Club
Atlantic Speech Therapy
1157 First Colonial Road Ste 301
Virginia Beach, VA 23454
(757) 422-6342
www.atlanticspeechtherapy.org

Southeastern Skill Builders
4509 Colley Avenue
Norfolk, VA 23508
(757) 749-2207
www.southeasternskillbuilders.com

Autism Tutoring Services
Judy Lambert

1132 Rollingwood Arch
Virginia Beach, VA 23464
(757) 619-0860

Speech/Language/Sign Therapy

Diann Shorter
Advanced Signing Time Instructor
Facebook: SignWithMe
www.signwithmeva.blogspot.com
www.signingtimeacademy.com/diann
COMPLETE STORE IN HOME
757-969-9876

Norfolk Speech and Language Services
4509 Colley Avenue
Norfolk, VA 23508
(757) 423-1933
www.norfolkspeech.com

PhysioTherapy Associates
1400 Fordham Drive
Virginia Beach, VA 23464
(757) 361-3954
www.physiocorp.com

Atlantic Speech Therapy, LLC
Rhonda Osisek/ Brittany Smith
1157 First Colonial Road Ste 301
Virginia Beach, VA 23454
(757) 422-6342
www.atlanticspeechtherapy.org

Children's Hospital of the King's Daughters (CHKD)
601 Children's Lane
Norfolk, VA 23507
(757) 668-7083
www.chkd.org/Services/PTOTST/

Rehabilitation Associates, P.C.
4560 South Boulevard
Virginia Beach, VA 23452
(757) 490-3223
www.rehabilitationassociates.com

Dianne D. Epplein & Associates
818 Newtown Road
Virginia Beach, VA 23462
(757) 473-8016
ddepediatrictherapy.com

Southeastern Physical Therapy
www.southeasternpt.com

Locations:

1557 First Colonial Road, Ste 201
Virginia Beach, VA 23454
(757) 481-0052

5301 Providence Road, Ste 80
Virginia Beach, VA 23464
(757) 467-4604

2020 General Booth Blvd, Ste 120
Virginia Beach, VA 23454
(757) 467-5505

Physical Therapy Works for Kids
www.ptworks.net

Locations:

2007 Meade Parkway
Suffolk, VA 23434
(757) 539-6300

1250 Smithfield Plaza
Smithfield, VA 23430
(757) 357-6869

1931 Holland Road
Suffolk, VA 23434
(757) 925-4500

Tidewater Therapy for Children
4016 Raintree Road, Ste 240
Virginia Beach, VA 23321
(757) 488-2864

Coastal Rehab
101 Medical Drive
Elizabeth City, NC 27909
(252) 338-2114
coastalrehabnc.com

Speech & Language Service of Virginia
Nikki Paquette
757-262-8644
Paquette.nikki@gmail.com

Sports/ Therapeutic Recreation Programs

Renegades Cheer Association
Special Needs Team – “Shining Stars”
Theresa Cole – President & Head Coach
549 South Birdneck Road, Suite 106
Virginia Beach, VA 23451
(757) 285-6492

Boy Scouts of America – Tidewater Council
1032 Heatherwood Drive
Virginia Beach, VA 23455
(757) 497-2688
www.tidewaterbsa.com

Challenged Athletes of West Virginia
Adaptive Sports Program
10 Snowshoe Drive
Snowshoe, WV 26209

(304) 572-6708
www.cawvsports.org

Equi-Kids
2626 Heritage Park Drive
Virginia Beach, VA 23456
(757) 721-7350
www.equikids.org

Little League - Challenger Division

Norfolk
Gary Owens
(757) 480-3304

Virginia Beach
Steve Hackforth
(757) 749-2564

Chesapeake
Jeff Parker
(757) 646-2024

Or email norfolkchallenger@cox.net

Special Olympics
Brad Stevens
(Person must have an Intellectual Disability diagnosis to participate)
www.area2specialolympicsva.org

Therapeutic Recreation Center

Locations:
Chesapeake
Carolyn Domme, CTRS
(757) 962-5828

Norfolk
180 East Evans Street
Norfolk, VA 23503
(757) 441-1764

Portsmouth
12 Grand Street
Portsmouth, VA 23701
(757) 393-8340

Virginia Beach
800 Monmouth Lane
Virginia Beach, VA 23464
(757) 474-8877

Virginia Rush Soccer Club
Virginia Beach Sportsplex
2181 Landstown Road
Virginia Beach, VA 23456
(757) 430-3500
www.varush.com

The First Tee of Hampton Roads YMCA
2400 Tournament Road
Virginia Beach, VA 23456
(757) 563-8990
www.thefirsttee.org

Dream Catchers Williamsburg
Cori Sikich Therapeutic Riding Center
10120 Fire Tower Road
Toano, VA 23168
(757) 566-1775
www.dreamcatcherswilliamsburg.org

Triple-R Ranch Therapeutic Riding Program
3531 Bunch Walnut Road
Chesapeake, VA 23322
(757) 421-4177
www.triplerranch.org

YMCA South Hampton Roads
Operations Center

4101 Granby Street Ste 305
Norfolk, VA 23504
(757) 962-2112
www.ymcashr.org/obx

KelsKids
Adaptive Aquatic Lessons
www.kelskids.org

J.W. Tumbles
Shining Stars Class
330 West 22nd Street
Norfolk, VA 23517
(757) 383-6933

J.W. Tumbles
Shining Stars Class
5237 Providence Road, Ste 983
Virginia Beach, VA 23464
(757) 495-4460

The Music Staff, Inc.
3100 Tyre Neck Road
Chesapeake, VA 23321-5309
(757) 483-4900
www.themusicstaff.com

Joy of Acting
Centerstage Academy
4030 George Washington Highway
Yorktown, VA 23692
(757) 890-0175
www.CenterstageAcademyVA.com

Hurrah Players
Play by Play Improv Workshops for Individuals with ASD
757-627-5437
kstone@hurrahplayers.com

<http://www.hurrahplayers.com> (Look under Education/Classes Link)

State Resources

CommonWealth Autism Services
2201 West Broad Street Ste 107
Richmond, VA 23220
1-800-649-8481
(804) 355-0300
www.autismva.org

Virginia Autism Resource Center (VARC)
4100 Price Club Blvd
Midlothian, VA 23112
1-877-667-7771
(804) 674-8888 ext 5161
www.varc.org

Division of Special Education and Student Services
James Monroe Building
101 North 14th Street
Richmond, VA 23219
1-800-292-3820
http://www.doe.virginia.gov/about/spec_ed_and_stu_svs/index.shtml

Summer Camps

Campgonnawannagoagin
Families of Autistic Children of Tidewater (FACT)
(757) 422-2040
www.camp4autism.org

Easter Seals Virginia
900 Camp Easter Seals Road
New Castle, VA 24127
1-866-874-4153 (main office – Richmond)
(540) 864-5750 (open May – August)
www.va.easterseals.com

Cerebral Palsy of Virginia
5825 Arrowhead Drive Ste 201
Virginia Beach, VA 23462
(757) 497-7474
www.cerebralpalsyofvirginia.org/summer_camp.html

Camp Holiday Trails
400 Holiday Trails Lane
Charlottesville, VA 22903
(434) 977-3781
www.campholidaytrails.org

Camp Virginia Jaycee
Cathy Filicky
2494 CampJaycee Road
Blue Ridge, VA 24064
(540) 947-2972
1-800-865-0092
www.campvajc.org

Camp Horizon
The UP Center
222 West 19th Street
Norfolk, VA 23517
(757) 965-8630
www.theupcenter.org/programs/disability.html

Therapeutic Summer Program
Step by Step Consulting, Inc.
156 Burnetts Way
Suffolk, VA 23434
(757) 934-6470
www.stepbystepconsulting.org

C.A.T.C.H. (Concerned Adults Teaching Children Hope)
Darnell W. Parker
(757) 814-7849
www.projectcatch.org

Therapeutic Recreation Center

Locations:

Chesapeake

Kim Pimento, CTRS

(757) 962-5828

Norfolk

180 East Evans Street

Norfolk, VA 23503

(757) 441-1764

Portsmouth

12 Grand Street

Portsmouth, VA 23701

(757) 393-8340

Virginia Beach

800 Monmouth Lane

Virginia Beach, VA 23464

(757) 474-8877

Young Life Capernaum Hampton Roads

210 60th Street

Virginia Beach, VA 23451

(757) 289-6006

www.capernaumhr.com

Civitan Acres for the Disabled

Eggleston Services

2210 Cedar Road

Chesapeake, VA 23323

(757) 487-6062

www.egglestonservices.org

Camp CHILD

Tina Barnes

P.O. Box 3172

Lynchburg, VA 24503

(434) 846-4434

www.campchild.org

Northstar Academy Summer Camp

8055 Shrader Road

Richmond, VA 23294

(804) 747-1003

www.northstaracademy.net/extras/index.html

Voices Together

Carole and Marcus Weinstein Jewish Community Center

5403 Monument Avenue

Richmond, VA 23226

Andrea Costanzo

(804) 285-6500 ext. 8812

www.weinsteinjcc.org/camps/VoicesTogether/index.php

Center for Developmental Differences

Judit Roth, President

Loehmann's Plaza Suite 136

4000 Virginia Beach Blvd

Virginia Beach, VA 23452

(757) 486-0585

www.cdd-site.org

**Vocational Programs/Employment/Developmental Day Services
(Adult)**

Community Alternatives, Inc.

863 Glenrock Road Ste 200

Norfolk, VA 23502

(757) 468-7000

www.comalt.org

Eggleston Services, Inc.

1161 Ingleside Road

Norfolk, VA 23502

(757) 858-8011

1-800-722-5831

www.egglestonservices.org

Sugar Plum Bakery, Inc.
1353 Laskin Road
Virginia Beach, VA 23451
(757) 422-3913
sugarplumbakery.org/programs.htm

Department of Rehabilitative Services
8004 Franklin Farms Drive
Richmond, VA 23229
1-800-552-5019
(804) 662-7000
www.vadrs.org

SkillQuest Services
Virginia Beach DHS DS Division
400 Investors Place
Virginia Beach, VA 23452
(757)385-4040

Virginia Independence Training Organization (VITO)
Westgate Center
2428 Almeda Avenue Ste 162
Norfolk, VA 23513
www.vitoinc.org

Woodrow Wilson Center for Employment
External Training Option Program
Box W-2
P.O. Box 1500
Fishersville, VA 22939
(504) 332-7000
1-800-345-9972
www.wwrc.virginia.gov

Pride Industries-Creating Jobs for People with Disabilities
6315 N Center Drive # 215
Norfolk, VA 23502-4006
Norfolk-Virginia Beach, VA-NC Metro Area

Phone: (757) 455-0087
Website: Prideindustries.com

Disclaimer: Autism Society, Tidewater Virginia is a locally funded organization serving families and professionals in the Tidewater Region of Southeastern Virginia. All information provided or published by Autism Society, Tidewater Virginia is for informational purposes only. Reference to any treatment or therapy option or to any program, service or treatment provider is not an endorsement by Autism Society, Tidewater Virginia. You should investigate alternatives that may be more appropriate for a specific individual. Autism Society, Tidewater Virginia assumes no responsibility for the use made of any information published or provided by Autism Society, Tidewater Virginia.